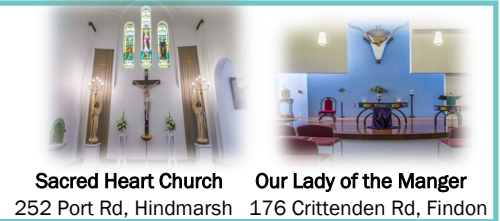


WELCOME TO SACRED HEART PARISH HINDMARSH-FINDON

IN THE CHARISM OF THE HEART OF CHRIST
'May the Sacred Heart of Jesus be everywhere loved'



Sacred Heart Church 252 Port Rd, Hindmarsh
Our Lady of the Manger 176 Crittenden Rd, Findon

09 August 2026



Year A
19th
Sunday in
Ordinary
Time

Responsorial Psalm

*Lord, show us your
mercy and love, and
grant us your
salvation.*

Gospel Acclamation

*Alleluia alleluia!
I hope in the Lord, I
trust in his word.
Alleluia!*

Today's Readings

1 Kgs 19:9, 11-13
Ps 84:9-14
Rom 9:1-5
Mt 14:22-33

MASS INTENTIONS

6:00pm Saturday Vigil OLM
Parish
9:00am SHC
Ida Iannotti (11 yrs)
11:00am OLM
Parish

GIVE EASILY TO 1ST,
2ND AND SPECIAL
COLLECTIONS

SCAN QR CODE
WITH CAMERA



Adelaide.GoodGiving.com.au

PARISH VISION STATEMENT

As a people who believe and trust in the love of God for us, revealed in the heart of Jesus, we live out this love in a welcoming and inclusive community that provides life-giving support and service to all people.

YOU ARE WELCOME TO JOIN US FOR MASS

◇ Tuesday	11 Aug	12:15 pm	Mass at Sacred Heart Church (SHC) Hindmarsh
◇ Wednesday	12 Aug	6:00 pm	Rosary and Candlelight Mass at Our Lady of the Manger Church (OLM) Findon
◇ Friday	14 Aug	9:15 am	Mass at Our Lady of the Manger Church (OLM) Findon
◇ Saturday	15 Aug	6:00 pm	Vigil Mass at Our Lady of the Manger Church (OLM) Findon
◇ Sunday	16 Aug	9:00 am	Mass at Sacred Heart Church (SHC) Hindmarsh
		11:00 am	Mass at Our Lady of the Manger Church (OLM) Findon

GOSPEL REFLECTION

Overcoming Fear with Faith

"Take courage, it is I; do not be afraid." Peter said to him in reply, "Lord, if it is you, command me to come to you on the water." He said, "Come." Peter got out of the boat and began to walk on the water toward Jesus. But when he saw how strong the wind was he became frightened; and, beginning to sink, he cried out, "Lord, save me!" Immediately Jesus stretched out his hand and caught Peter, and said to him, "O you of little faith, why did you doubt?"

Fear always clouds our vision. Today's Gospel takes place the night after Jesus fed the 5,000 on a mountain near the northern shore of the Sea of Galilee, using only five barley loaves and two fish. Afterward, He withdrew to pray alone and sent the disciples ahead of Him by boat, directing them toward the town of Gennesaret, just south of Capernaum. While great miracles occurred the next day in Gennesaret, something just as remarkable took place during the night's journey across the sea.

The disciples found themselves rowing against a strong headwind, making the journey slow, arduous, and perilous. This scene is a vivid image of our journey through life. Life is rarely "a bowl of cherries," as the saying goes. It can often feel laborious, filled with hardships, and some trials may seem never-ending. If life feels this way, today's Gospel is especially for you.

During the fourth watch of the night, between 3 and 6 a.m., as the disciples continued struggling against the waves, they saw a figure walking on the sea, coming toward them. While we may be familiar with the idea of Jesus walking on water, for the disciples, this would have been an unimaginable and terrifying sight. They did not recognize Him—not because His appearance had changed, but because fear blinded them. This still happens in our lives. We can misinterpret suffering or divine silence as abandonment. But Jesus allowed their fear precisely so He could confront it directly: "Take courage, it is I; do not be afraid." In His divine wisdom, Jesus knew that countless disciples would read this story and ponder this moment until the end of time.

What message is He giving us? The courage that comes from recognizing God in our midst allows us to conquer fear—especially in our moments of suffering, when the path ahead seems hard, dangerous, and without end.

By a supernatural instinct, Peter utters the perfect prayer in this moment of uncertainty: "Lord, if it is you, command me to come to you..." When we recognize God amid our trials, focus our gaze on Him, and pray this prayer, God will always answer, "Come."

Peter sets the pattern for this bold, trusting prayer, but he falters in remaining faithful to it. Yet even this is allowed by God, for our instruction. Making an act of courageous faith does not guarantee we will not stumble. Peter sank not because he lacked faith entirely, but because fear began to overwhelm his trust. And in this, Jesus teaches us another lesson: Even when our faith wavers, we must not give in to despair. Peter did not drown—he cried out once more, "Lord, save me!" and Jesus immediately reached out His hand.

Despair is the true enemy of faith. Though fear and the growing force of the wind weakened Peter's faith, he remained hopeful even in his weakness. And it was this hope—however trembling—that moved Jesus to stretch out His divine hand and save him.

Reflect today on any trial or suffering you endure that tempts you to fear. Confront that fear head-on. Rebuke it. Look for Jesus, who comes to you in the midst of the trial, walking on and through that very storm. Know that it is truly Him, drawing near. As you overcome fear, keep your eyes fixed on Him, not on the storm. This is what strengthens our faith and enables us to keep moving forward toward the goal: Jesus' hand of divine grace.

My saving Lord, though You permit trials in our lives, You always offer the grace we need to endure them patiently and to overcome them with trust and hope in You. Help me, Lord, to always see You in my suffering and confusion. May I never give in to despair, but instead grow in faith as I walk toward You. Jesus, I trust in You.

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DONATIONS WELCOME

	First Collection	Second Collection
Account Name BSB—Account Number	Diocesan Presbytery 066 782 - 100 031 471	Sacred Heart Parish Hindmarsh-Findon 066 782 - 100 000 081
Thank you for using this option	Reference: "Your Name"	Reference: "Your Name"

CALENDAR

August

- 07 Aug Praise, Worship & Adoration at 6pm at SHC
 08 Aug Feast of Saint Mary of the Cross MacKillop
 09 Aug 19th Sunday in Ordinary Time
Promotion of Vocations Appeal
 15 Aug Assumption of Blessed Virgin Mary
 11am Mass at SHC
 22 Aug OLM Sacraments at 6pm
 23 Aug SHC Sacraments at 9am
 30 Aug SHC Sacraments at 9am



September

- 01 - 03 Sep Konkani Mass / Nativity of Mother Mary
 6.30pm at SHC (Konkani)
 04 Sept Praise, Worship & Adoration Mass
 05 Sept Nativity Mass at 9.30am at OLM
 06 Sept Fathers Day
Catholic Charities Month Appeal
 08 Sept The Nativity of the Blessed Virgin Mary
 14 Sept The Exaltation of the Holy Cross



PARISH MEETINGS

APRIM Meeting

Tuesday, 1st September @ 1:00pm at Parish Office

Parish Finance Council Meeting

Wednesday, 2nd September @ 7:00pm at OLM

Parish Pastoral Council Meeting

Tuesday, 22nd September @ 6:30pm at Parish Office

Liturgy Meeting

Tuesday, 13th October @ 6:30pm at OLM



May God grant them peace, comfort and strength in their time of suffering

We pray for all the sick in our community that God will grant them courage, healing and strength.

We especially pray for healing for our parishioners

Michelle Dench, PA Merchant, L Parker, Rosalinda Alonzo, Dennis Taylor, Charlie Mifsud, Jane Saliba, Mikaela Ferrao and Romana Reiter

If you would like prayers or to add a name to our sick list, please contact the parish office. Thank you.



ARCHDIOCESE NEWS

National Vocations Awareness Week

Throughout the Church in Australia, we celebrate **National Vocations Awareness Week** From 1/2 August until 8/9 August.

The theme of the first weekend is that every baptised Christian has a vocation and is called to holiness of life and to participate in the life and mission of the Church.

On the second weekend, we specify this baptismal call further and celebrate and pray for an increase in the Vocations of the Priesthood, Diaconate and the Consecrated Life.



Catholic Archdiocese of Adelaide
 Archbishop of Adelaide

Annual Vocations Appeal
 will be held this weekend
Sunday, 9th August

NOTICES



Sacred Heart Catholic Parish Hindmarsh-Findon

THE SACRAMENTS OF CONFIRMATION and FIRST COMMUNION WILL TAKE PLACE:



22nd August @ 6pm at Our Lady of the Manger, Findon

23rd August @ 9am at Sacred Heart Church, Hindmarsh

30th August @ 9am at Sacred Heart Church, Hindmarsh

We invite you to pray for these children and their families as they prepare for this significant moment in their faith journey.



The August issue of *The Southern Cross* now available for \$2.

Please take home a copy today.



Sacred Heart Parish Hindmarsh - Findon



The Assumption of the Blessed Virgin Mary

Saturday, 15th August



11:00am Mass at Sacred Heart Church, Hindmarsh

Please bring a plate to share



Vinnies

Vinnies Blue Bucket Appeal

Vinnies Blue Bucket Appeal will be held next weekend **15th & 16th August**. Please make sure you bring cash as the Eftpos Machines are only for the parish and not connected to Vinnies.

On behalf of Vinnies, thank you so much for your support and generosity.



PRESENTATION

We welcome into our faith Community

Evelyn Lake

who will celebrate the Sacrament of Baptism next weekend at SHC within our Sacred Heart Hindmarsh—Findon Parish

BAPTISM

We welcome into our faith Community

Orlando Goodfellow

who will celebrate the Sacrament of Baptism this weekend at SHC within our Sacred Heart Hindmarsh—Findon Parish

Please keep these families in your prayers.

Blessing of Significant Wedding Anniversaries

Sunday, 20th September

We invite you to celebrate Significant Wedding Anniversaries within the Archdiocese by honoring the life-long commitment and love shared by married couples.

If you are celebrating a significant anniversary (5th 10th 15th 20th 25th 30th 35th 40th 45th 50th 55th 60th) this year, please contact Parish Office before 28th August to advise details. Unfortunately, certificates cannot be prepared for nominations received after this date

The married couple will be presented with a certificate from the Archdiocese and acknowledged within Mass on Sunday, 20th September.



Catholic Archdiocese of Adelaide
Archbishop of Adelaide

Footprints in the sand

One night a man had a dream
He walked along a beach, the Lord at his side.
Across the sky flashed scenes from his life ...

... He saw two sets of footprints in the sand,
his own and those of the Lord.

But looking back he noticed at times along
the path, there was only one set of footprints.
This was often at difficult times of his life ...

... He asked, "My Lord, you said that if I
follow you, you would walk with me all the way.
But in times of trouble there is only one set
of footprints. Why have you left me when
I needed you the most?" ...

... The Lord answered, "My precious child,
I love you and I would never leave you.
During your times of trial,
when you see only one set of footprints,
that's when I was carrying you."



EXTRAORDINARY MINISTERS OF HOLY COMMUNION



Please note that all volunteers MUST also complete a Current Safeguarding Course with the Archdiocese.

This is online or in person.

If you wish to take part in this course in person, the Archdiocese is holding face to face training sessions.

- **Adelaide Cathedral Hall (39 Wakefield St, Adelaide) on the 20th of August 10.00am–12pm**

Please note that we unfortunately cannot offer parking to our volunteers as the car park is used for employees only.

Please email directly to register individuals so we can ensure to have the correct amount of resources
Kerry Tantalos (Safeguarding Officer)
ktantalos@adelaide.catholic.org.au

Volunteers will not be able to perform as a Minister until Nominations have been approved and mandated by the Archbishop.

Healing Weekend

Thursday, 13th August Rosary 7pm

Mass 7:30pm

**Our Lady of the Sacred Heart Church 420 Seaview Road
Henley Beach.**

Including the Sacrament of Anointing, Exposition of the Blessed Sacrament, Reconciliation, Prayer Ministry with Candlelit music in the Spirit of Taizé, individual Blessings with the Blessed Sacrament in the Monstrance, and Benediction.

Tea/Coffee and light supper available

Enquiries and bookings phone Pauline 0403 002 240
All Welcome



CONGREGATION OF HOLY CROSS

Hearty Welcome

We are delighted to welcome you as you join us for the Eucharistic Celebration on 23rd August at 9am Mass at SHC and praying with the community.

Your presence is a blessing, and we look forward to celebrating together in faith and fellowship.



Br. Paul Bednarczyk, C.S.C.
(Superior General)



Br. Prodip Placid Gomes, C.S.C.
(Second General Assistant)

PARISH INFORMATION



Carpark Fundraising at Sacred Heart Church



Soccer Matches at Cooper's Stadium - if you would like to volunteer and be added to the **Carpark WhatsApp Group** please let Sandra know on 0402 894 613. If you can help

please arrive about an hour before games begin. Thank you!

August		
Events are at : Coopers STADIUM		
Tue 11	7:00pm	Adelaide United v Cong an Ha Noi (AFC Champions)
October		
Sun 18	2:30pm	Adelaide United v Brisbane Roar
November		
Sun 8	4:30pm	Adelaide United v Melbourne Victory
Tue 17	7:00pm	Foo Fighters Concert

PARISH OFFICE

PHONE - 08 8346 3901

MOBILE - 0428 813 682

EMAIL - shparish@shphf.com.au

Office Hours: Tuesday - Friday 10:00am—2:00pm
252 Port Road, Hindmarsh SA 5007

Parish Priest: Father Santhosh Nazareth CSC

Assistant Priest: Father Rajashekhar Gundiga CSC

Please Note: If the office is unattended, please leave a message and we will return your call ASAP

Mailing address: PO Box 34, Welland 5007

Website: www.sacredheartparishhindmarsh.com.au

Facebook: www.facebook.com/sacredheartindmarshparish

PARISH SAFEGUARDING CONTACTS

Our Parish together with the Catholic Archdiocese of Adelaide is committed to the care, wellbeing, and protection of children, young people, and vulnerable adults and to the nurturing of deep cultures of safety across the archdiocese

SACRED HEART CHURCH, HINDMARCH

Reena Aftab - renadeem@hotmail.com

OUR LADY OF THE MANGER, FINDON

Jessica Castolino - jessann2806@gmail.com

Andrea Noronha - andrea_noronha@hotmail.com

SAFEGUARDING

Our parish is committed to being a safe, welcoming, and respectful community for everyone.

Children, young people, and adults at risk have the right to be treated with dignity and respect, to feel safe from harm, abuse, neglect, or exploitation, and to have their voices heard.

Safeguarding is a shared responsibility, and we all play a role in protecting these rights by speaking up about concerns, supporting one another, and promoting environments where safety and wellbeing come first.

If you have concerns about the safety or wellbeing of a child or an adult at risk, please contact your Parish Safeguarding Contact Person or the Archdiocese's Integrity and Safeguarding Department.

Children's Liturgy



A friendly reminder that Children's Liturgy is offered every Sunday to all primary school aged children at:

9.00am Mass @ Sacred Heart Church, Hindmarsh

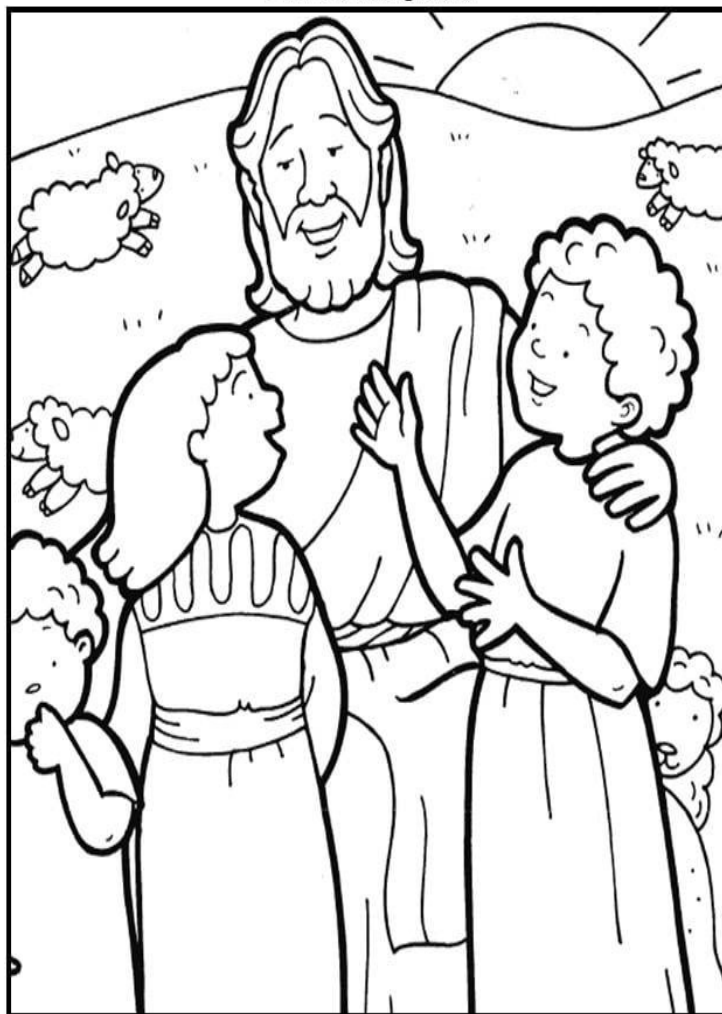
Mass is led by the young people of our community. We extend a warm welcome to ALL families and young people from our community to join us to engage in the Gospel with other children.

All Welcome

CHILDREN'S CORNER

19th Sunday in Ordinary Time

"I am the Living Bread"



"I am the living bread that came down from heaven; whoever eats this bread will live forever."

John 6:41-51

Church of Saint Leo the Great

www.stleothegreat.com/childrens-corner