

WELCOME TO SACRED HEART PARISH HINDMARSH-FINDON

IN THE CHARISM OF THE HEART OF CHRIST
'May the Sacred Heart of Jesus be everywhere loved'

05 July 2026



Year A

14th
Sunday in
Ordinary
Time

Responsorial Psalm

*I will praise your name
for ever, my king and
my God.*

Gospel Acclamation

*Alleluia alleluia!
Blessed are you,
Father, Lord of heaven
and earth; you have
revealed to little ones
the mysteries of the
kingdom.
Alleluia!*

Today's Readings

Zech 9:9-10

Ps 144:1-2, 8-11, 13-14

Rom 8:9, 11-13,

Mt 11:25-30

MASS INTENTIONS

6:00pm Saturday Vigil OLM

Parish

9:00am SHC

John Tropeano

Donny Altamura

11:00am OLM

Parish

PARISH VISION STATEMENT

As a people who believe and trust in the love of God for us, revealed in the heart of Jesus, we live out this love in a welcoming and inclusive community that provides life-giving support and service to all people.

YOU ARE WELCOME TO JOIN US FOR MASS

◇ Tuesday	07 Jul	12:15 pm	Mass at Sacred Heart Church (SHC) Hindmarsh
◇ Wednesday	08 Jul	6:00 pm	Adoration and Candlelight Mass at Our Lady of the Manger Church (OLM) Findon
◇ Friday	10 Jul	9:15 am	Mass at Our Lady of the Manger Church (OLM) Findon
◇ Saturday	11 Jul	6:00 pm	Vigil Mass at Our Lady of the Manger Church (OLM) Findon
◇ Sunday	12 Jul	9:00 am	Mass at Sacred Heart Church (SHC) Hindmarsh
		11:00 am	Mass at Our Lady of the Manger Church (OLM) Findon

GOSPEL REFLECTION

Praying to the 'Father in the Son'

At that time Jesus exclaimed: "I give praise to you, Father, Lord of heaven and earth, for although you have hidden these things from the wise and the learned you have revealed them to little ones. Yes, Father, such has been your gracious will. All things have been handed over to me by my Father. No one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son wishes to reveal him."

This passage beautifully summarizes the entire Christian life—the life to which we are called and in which we find our purpose, meaning, and ultimate fulfillment. Jesus begins by offering praise to the "Father, Lord of heaven and earth." Though Jesus Himself is fully God, "one in being with the Father"—co-eternal and consubstantial—He nevertheless offers praise to the Father.

In the original Greek, the phrase "I give praise to you..." (*exomologoumai*) indicates an open, public, and full acknowledgment by the Son of the Father's sovereignty and gracious will. The Father is the All-Powerful Lord of all that exists—everything in the heavens and on earth. Jesus expresses this fundamental stance toward the Father for two reasons: first, because it is eternally true; and second, so that we might humble ourselves and join Him in praying the same prayer—through, with, and in Jesus.

This prayer closely parallels the opening of the Lord's Prayer (the "Our Father"), because both begin with a direct acknowledgment and praise of the Father's holiness and sovereignty. The Lord's Prayer is the perfect prayer precisely because it was given to us by Jesus Himself. After addressing the Father, it presents seven petitions. According to Saints Thomas Aquinas and Augustine, the first two petitions—"hallowed be Thy name" and "Thy Kingdom come"—reveal the central purpose of our lives: to glorify God eternally and to be caught up in, and actively participate in that glory by becoming full members of His Kingdom. In today's prayer, Jesus says "these things" have been revealed "to little ones" and that the Son can choose to reveal the Father to whom He wishes.

We are drawn into Jesus' prayer and intimate relationship with the Father precisely when Jesus reveals the Father to us: "No one knows the Father except the Son and anyone to whom the Son wishes to reveal him." Because Jesus deeply desires that we come to know and love the Father with the same love He has for Him, His prayer continues by gently inviting us—especially when burdened by weariness, weakness, or sin—to lay our burdens down before His merciful power and glory: "Come to me, all you who labor and are burdened, and I will give you rest".

This tender invitation reveals Jesus' deepest desire for us: that we would enter into His love for the Father, share intimately in the union between Father and Son, and thus magnify and glorify the Most Holy Trinity—not only in our earthly journey but eternally in Heaven. Indeed, what a sublime and glorious calling we have received!

Reflect today upon this beautiful prayer, knowing in your heart that Jesus Himself invites you to pray it with Him, through Him, and in Him. He longs for His voice to resonate within your voice, His love to beat within your heart, and His holy desires to shape your own. Turn your gaze toward the Father—He who is both the Source and ultimate goal of your existence—and strive lovingly and humbly to accomplish all things according to His gracious and holy will.

Our Father, You who dwell in the heavens and within the souls of Your sanctified ones, may Your eternal essence, Your holy Name—the One who was, who is, and who is to come, the Great I AM—be honored, praised, and glorified forever. May this glorification shine forth in my life and in the lives of all Your faithful, as we await with joyful hope the return in glory of Your Son, Jesus our Savior, when You, together with Him and the Holy Spirit, will establish the New Heavens and the New Earth. Jesus, I trust in You.

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DONATIONS WELCOME

	First Collection	Second Collection
Account Name BSB—Account Number	Diocesan Presbytery 066 782 - 100 031 471	Sacred Heart Parish Hindmarsh-Findon 066 782 - 100 000 081
<i>Thank you for using this option</i>	Reference: "Your Name"	Reference: "Your Name"

PARISH CALENDAR

July

- 03 Jul St Thomas, Apostle
7pm Mass at St Francis Xavier Cathedral
**** PLEASE NOTE - NO ADORATION MASS AT SHC****
- 05 Jul 14th Sunday in Ordinary Time
NATSICC Appeal
- 10 Jul Extraordinary Minister Training
6.30pm at SHC
- 12 Jul 15th Sunday in Ordinary Time
Stella Maris Appeal
- 16 Jul Our Lady of Mt Carmel
- 18 JUL HEARTS UNITED DINNER
7PM AT OLM
- 19 Jul 16th Sunday in Ordinary Time
- 26 Jul Grandparents Day



PARISH MEETINGS



Community Connect (Fundraising) Meeting

Sunday, 12th July @ 4:30pm at OLM

Altar Server Training

Sunday, 19th July @ 12:15pm at OLM

Liturgy Meeting

Tuesday, 14th July @ 6.30pm at OLM

Parish Finance Council Meeting

Wednesday, 15th July @ 7:00pm at OLM

Parish Pastoral Council Meeting

Tuesday, 22nd September @ 6.30pm at Parish Office

APRIM Meeting

Tuesday, 1st September @ 1:00pm at Parish Office

May God grant them peace, comfort and strength in their time of suffering

We pray for all the sick in our community that God will grant them courage, healing and strength.

We especially pray for healing for our parishioners

Michelle Dench, PA Merchant, L Parker, Rosalinda Alonzo, Dennis Taylor, Charlie Mifsud, Jane Saliba and Romana Reiter

If you would like prayers or to add a name to our sick list, please contact the parish office. Thank you.



ARCHDIOCESE NEWS

Birthline Pregnancy Support

We're here to listen—without pressure or judgment. If you are facing an unplanned pregnancy or seeking support after an abortion, you don't have to go through it alone. Our trained counsellors offer a safe, confidential space to talk at your own pace. You will be met with care, compassion and respect. Reach out today—you'll be heard.

Call 1300 655 156 | website: <https://birthline.org.au>

"Learn To Meditate" - an introductory course

Wednesdays July - 8th, 15th, & 22nd at 7pm - 8.15pm

at St Saviour's Anglican Church, 596 Portrush Road Glen Osmond.

A new course - each week there will be a video presentation by Father Laurence Freeman, followed by a time of Meditation and Q&A.

For more information and to register contact

Dianne Schaefer - dianneschaefer@yahoo.com.au

Can you spare half an hour?
Afternoon Mass
Every Tuesday at 12:15pm at SHC

Please come along and pray with us every Tuesday at 12:15pm at Sacred Heart Church for a lunch time Mass. All welcome!

POWERup 2026

WORKSHOPS MASS PRAISE & WORSHIP
25TH JULY | SAINT IGNATIUS COLLEGE | ATHELSTONE | 2PM START

REGISTER FOR FREE NOW | OPEN TO ANY YOUNG PEOPLE AGES 16-35

Catholic Archdiocese of Adelaide
Archbishop of Adelaide

Annual NATSICC Appeal
will be held this weekend
Sunday, 5th July

Saint Thomas the Apostle
FEAST DAY MASS

Friday, 3 July 2026 | 7pm | St Francis Xavier's Cathedral

The July issue of *The Southern Cross* now available for \$2.
Please take home a copy today.

PARISH NEWS



Volunteers

To all our wonderful Volunteers,

Please remember, it is a requirement from the Adelaide Archdiocese that anyone involved within the Parish is to obtain a valid clearance.



Working with Children Checks (WWCC)

Please note that all WWCC done within the parish office (new and existing) have now changed.

If you need to renew or apply for a clearance, please come into the parish office to see Melissa and complete the first step.

Applicants will need to create their own email address and submit their ID forms online.

For Applicants with no computer or email, manual (paper-based) applications will be used.

Please remember that the parish office is always available to assist with the process.

Thank you for your co-operation and understanding.



NAIDOC Week: 5th - 12th July NATSICC Appeal

Welcome to this year's celebration of Aboriginal and Torres Strait Islander Sunday. As we gather in faith, we do so as a people shaped by story — by the Gospel, by culture, and by the journeys that have brought us to this moment. We gather in the presence of God, who walks with us always, and who calls us into unity as one people.

This year invites us into reflection. We mark 40 years since St Pope John Paul II spoke to Aboriginal and Torres Strait Islander Peoples in Alice Springs, and we celebrate 50 years of NAIDOC Week. These milestones are more than anniversaries — they are reminders of enduring faith, resilience, and our shared call to walk together. At times, it is important to look back. Not to dwell in the past, but to recognise the path that has been travelled — to see the strength, the challenges, and the grace that have carried us forward. In this, we trust in God's providence, present in every step of our journey.

Our theme, **Walking Together in Christ: 40 Years On!**, speaks to this moment. It calls us to continue the journey with humility and hope - listening deeply, and walking side by side as one Body in Christ, guided by the Holy Spirit. Across this land, the Church is enriched by the cultures and voices of Aboriginal and Torres Strait Islander Peoples. Their spirituality, connection to Country, and deep sense of community continue to shape and strengthen the life of the Church in Australia. As St Pope John Paul II reminded us, the Church is enriched by the many cultures it embraces. This is not something we simply acknowledge — it is something we are called to live. Today's Liturgy is an invitation to listen to, reflect, and to encounter Christ in one another.

Wherever you are gathered — in Parish, school, or community — may this celebration be a moment of grace. May it renew our hearts, deepen our unity, and strengthen our commitment to walk together in faith. We thank you for being part of this journey. [About NATSICC — NATSICC](#)



Sacred Heart Catholic Parish
invites you to a



Praise, Worship and Adoration Night

NO Adoration
Friday, 3rd July
Due to
St Thomas Mass
at Cathedral

Friday 1st Friday of the month
at 6.30pm
Sacred Heart Church, Hindmarsh

SACRED HEART PARISH HINDMARSH - FINDON

Hearts United

DINNER PARTY

Join us for a delightful event of
great company and live music

SATURDAY

18TH JULY 7PM

Nazareth Primary Campus
Mackillop Hall
176 Crittenden Road, Findon

Tickets: \$15 (adults) &
\$10 (children)

Tickets available at both parish centres or
contact the Parish Office
PH: 8346 3901

Bring a plate to share
Wine, Beer & Soft Drinks available to purchase

Dress Code: A Splash of Red
Please bring cash for raffle & activities
Prize to the best dressed

EVENT PAYMENTS

Please make all payments for Hearts United Dinner
using the below QR Code.

Adult - \$15.00
Child - \$10.00

Please make sure you select:

- Sacred Heart Parish Hindmarsh - Findon
- Other Payment
- Reference your name and event

once payment is made a ticket
will be provided for entry



PRESENTATION

We welcome into our faith Community

Valentino King

who will celebrate the Sacrament of Baptism next weekend at SHC
within our Sacred Heart Hindmarsh—Findon Parish

PARISH INFORMATION



Sacred Heart Parish
invites you to

EXTRAORDINARY MINISTERS OF HOLY COMMUNION TRAINING

WITH FR. MATTHEW NEWMAN

on Friday, 10th July

at 6.30pm

Sacred Heart Church
252 Port Road, Hindmarsh



PARISH OFFICE

PHONE - 08 8346 3901

MOBILE - 0428 813 682

EMAIL - shparish@shphf.com.au

Office Hours: Tuesday - Friday 10:00am-2:00pm
252 Port Road, Hindmarsh SA 5007

Parish Priest: Father Santhosh Nazareth CSC

Assistant Priest: Father Rajashekhar Gundiga CSC

Please Note: If the office is unattended, please leave a message and we will return your call ASAP

Mailing address: PO Box 34, Welland 5007

Website: www.sacredheartparishhindmarsh.com.au

Facebook: www.facebook.com/sacredhearthindmarshparish

PARISH SAFEGUARDING CONTACTS

Our Parish together with the Catholic Archdiocese of Adelaide is committed to the care, wellbeing, and protection of children, young people, and vulnerable adults and to the nurturing of deep cultures of safety across the archdiocese

SACRED HEART CHURCH, HINDMARCH

Reena Aftab - renadeem@hotmail.com

OUR LADY OF THE MANGER, FINDON

Jessica Castelino - jessann2806@gmail.com

Andrea Noronha - andrea_noronha@hotmail.com

SAFEGUARDING

Our parish is committed to being a safe, welcoming, and respectful community for everyone.

Children, young people, and adults at risk have the right to be treated with dignity and respect, to feel safe from harm, abuse, neglect, or exploitation, and to have their voices heard.

Safeguarding is a shared responsibility, and we all play a role in protecting these rights by speaking up about concerns, supporting one another, and promoting environments where safety and wellbeing come first.

If you have concerns about the safety or wellbeing of a child or an adult at risk, please contact your Parish Safeguarding Contact Person or the Archdiocese's Integrity and Safeguarding Department.

SPEAK UP

FAMILIES KEEP CHILDREN SAFE

Families are often the first ones who notice when something is wrong so, if you're worried about the safety, wellbeing, or treatment of a child or young person, it's always okay to speak up. Families have a right to be heard.

When Should I Speak Up?

If you're worried about:

- Your child being hurt, bullied, neglected, or unsafe
- Inappropriate or harmful behaviour from an adult or another child
- Emotional, physical, sexual, or spiritual abuse
- Unfair treatment or a breach of boundaries or trust
- A child's sudden changes in behaviour, mood, or wellbeing

Just a concern is enough to take action.

Who Can I Talk To?

- Your child's school, teacher, or principal
- A safeguarding contact person/priest at a parish
- The Integrity and Safeguarding Department
- Child protection services or police (for urgent or serious concerns)
- A counsellor, support worker, or helpline
- You can also help your child make a report themselves if they want to.

Speaking up is a strong and protective act. Your voice helps keep children safe.

What Can I Say?

You can explain:

- What you saw, heard, or were told
- Why you're concerned
- What you'd like to see happen next

It's okay to ask:

- What will happen now?
- Will I be kept informed?
- How will my child be supported?

Where to Get Support

- Child Abuse Report Line (SA)** - 13 14 78
- Police (SAPOL)** - 000 (emergency) or 131 444 (non-emergency)
- Kids Helpline** - 1800 55 1800
- Catholic Archdiocese of Adelaide** - Integrity & Safeguarding Team

receptionprofstandards@adelaide.catholic.org.au

(08) 8210 8150 (Option 3)

As a parent, carer, or family member, you play a vital role in protecting children and adults at risk. If something doesn't feel right - trust your instincts.

CHILDREN'S CORNER

Fourteenth Sunday of Ordinary Time

"Be like children"

Mr. Worry would feel less odd, if he gave his worries to God!



Little Miss Sunshine knows the way, she gives her worries to God everyday!



Church of Saint Leo the Great

www.stleoethegreat.com/childrens-corner