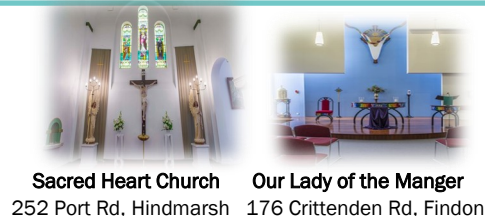


WELCOME TO SACRED HEART PARISH HINDMARSH-FINDON

IN THE CHARISM OF THE HEART OF CHRIST
'May the Sacred Heart of Jesus be everywhere loved'



Sacred Heart Church 252 Port Rd, Hindmarsh
Our Lady of the Manger 176 Crittenden Rd, Findon

02 August 2026



Year A
18th
Sunday in
Ordinary
Time

Responsorial Psalm

*The hand of the Lord
feeds us: he answers
all our needs.*

Gospel Acclamation

Alleluia alleluia!
*No one lives on bread
alone, but on every
word that comes from
the mouth of God.*
Alleluia!

Today's Readings

Is 55:1-3

Ps 144:8-9, 15-18

Rom 8:35, 37-39

Mt 14:13-21

MASS INTENTIONS

6:00pm Saturday Vigil OLM

Parish

9:00am SHC

Parish

11:00am OLM

Parish

PARISH VISION STATEMENT

As a people who believe and trust in the love of God for us, revealed in the heart of Jesus, we live out this love in a welcoming and inclusive community that provides life-giving support and service to all people.

YOU ARE WELCOME TO JOIN US FOR MASS

- ◇ **Tuesday 04 Aug 12:15 pm** **CANCELLED** Mass at Sacred Heart Church (SHC) Hindmarsh
- ◇ **Wednesday 05 Aug 6:00 pm** Rosary and Candlelight Mass at Our Lady of the Manger Church (OLM) Findon
- ◇ **Friday 07 Aug 9:15 am** Mass at Our Lady of the Manger Church (OLM) Findon
- ◇ **Saturday 08 Aug 6:00 pm** Vigil Mass at Our Lady of the Manger Church (OLM) Findon
- ◇ **Sunday 09 Aug 9:00 am** Mass at Sacred Heart Church (SHC) Hindmarsh
- 11:00 am** Mass at Our Lady of the Manger Church (OLM) Findon

GOSPEL REFLECTION

God's Providential Care

"Five loaves and two fish are all we have here." Then he said, "Bring them here to me," and he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, and looking up to heaven, he said the blessing, broke the loaves, and gave them to the disciples, who in turn gave them to the crowds.

They all ate and were satisfied, and they picked up the fragments left over—twelve wicker baskets full.

In the Gospels of Matthew and Mark, there are two distinct miraculous feedings of large crowds. Today's Gospel depicts the first one, given primarily to Jewish people near the Sea of Galilee. Five thousand men (not counting women and children) were fed from five loaves and two fish, resulting in twelve baskets left over. This feeding of the five thousand is notably the only miracle of Jesus recorded in all four Gospels, underscoring its significance. Matthew and Mark also recount a second miraculous feeding—this time of four thousand people—in the largely pagan region of the Decapolis, using seven loaves and a few fish, with seven baskets left over.

This first miracle takes place within the context of Jesus' sorrowful heart, as He mourns the death of His cousin, John the Baptist. Jesus knew that John's death occurred for the Father's glory and according to His permissive will. Yet this divine perspective did not eliminate His human sorrow. Holy sorrow is a profound expression of love in the face of suffering.

Because Jesus' love was perfect, His sorrow was genuine and deep. The depth of His sorrow is evident from His deliberate choice to withdraw by boat to be alone, to fully embrace His grief. It is beautiful to note that Jesus' divinity does not overshadow or diminish His humanity. Rather, with divine love, He fully accepts John's death, and with a genuinely human heart, He properly mourns. In Jesus, humanity and divinity intertwine perfectly.

Upon disembarking, Jesus finds that a large crowd has followed Him on foot, anticipating His arrival, hungry for His teachings and miracles. Here we encounter a second revelation of Jesus' divinity shining through His humanity. Seeing the crowd and perceiving their brokenness, sinfulness, and suffering, "his heart was moved with pity for them, and he cured their sick." The Greek word translated here as "pity" indicates a deeply felt, visceral compassion. This compassion, divine in origin, flows perfectly through Jesus' sacred humanity. His compassionate gaze vividly reveals God's merciful love: Jesus does not merely sympathize; He acts decisively, healing the sick and alleviating their suffering. His divine love compels Him to act for the good of His people.

The miracle itself recalls God's providential care for the Israelites during their forty years in the desert, when manna appeared each morning, providing sufficient food for each day. That miracle, coupled with today's Gospel, teaches us a consistent truth: God always provides for us when we turn to Him, seeking Him earnestly as the crowd did.

The multiplication of the loaves and fish also foreshadows the Eucharist, likely the reason it is recorded in all four Gospels. In the Eucharist, God provides abundantly for our spiritual nourishment. When received with faith and trust in God's providence, Jesus' Body and Blood nourishes every virtue within us, empowering us to flourish spiritually. The Eucharist prepares us for eternal life, where we anticipate sharing in the eternal Wedding Banquet of Heaven—a perfect, everlasting celebration free from all sin, sickness, and suffering.

Reflect today on Jesus' tender care. He looks upon your needs with the same compassion He showed to the crowds in the wilderness. Consider especially how He desires to feed you daily through the Most Holy Eucharist, the true Bread from Heaven. Bring to Him whatever you have, even if it seems small or insufficient—your struggles, weariness, prayers, and hopes—and trust that in His hands, they will be multiplied for the good of your soul and the souls of others. Let this miraculous feeding stir within you a deeper faith in God's providence and a more fervent desire for the Eucharist, where Christ Himself is our sustenance, our healing, and our foretaste of eternal joy.

My Eucharistic Lord, the Gift of the Eucharist is beyond my comprehension. Just as the crowds were amazed at the multiplication of the loaves and fish, astonish me with an understanding of the Eucharist and Your providential care that fills my heart with openness and gratitude to You. Jesus, I trust in You.

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BSB—Account Number	066 782 - 100 031 471	066 782 - 100 000 081
Thank you for using this option	Reference: "Your Name"	Reference: "Your Name"

CALENDAR

August

01 Aug OLM Sacraments at 3pm & 6pm
 02 Aug 18th Sunday in Ordinary Time
 06 Aug The Transfiguration of the Lord
 07 Aug Praise, Worship & Adoration at 6pm at SHC
 08 Aug Feast of Saint Mary of the Cross MacKillop
 09 Aug 19th Sunday in Ordinary Time
Promotion of Vocations Appeal
 15 Aug Assumption of Blessed Virgin Mary
 11am Mass at SHC
 22 Aug OLM Sacraments at 6pm
 23 Aug SHC Sacraments at 9am
 30 Aug SHC Sacraments at 9am



PARISH MEETINGS

APRIM Meeting

Tuesday, 1st September @ 1:00pm at Parish Office

Parish Finance Council Meeting

Wednesday, 2nd September @ 7:00pm at OLM

Parish Pastoral Council Meeting

Tuesday, 22nd September @ 6.30pm at Parish Office

Liturgy Meeting

Tuesday, 13th October @ 6.30pm at OLM



May God grant them peace, comfort and strength in their time of suffering

We pray for all the sick in our community that God will grant them courage, healing and strength.

We especially pray for healing for our parishioners Michelle Dench, PA Merchant, L Parker, Rosalinda Alonzo, Dennis Taylor, Charlie Mifsud, Jane Saliba, Mikaela Ferrao and Romana Reiter

If you would like prayers or to add a name to our sick list, please contact the parish office. Thank you.



ARCHDIOCESE NEWS



beyond the
Collar & Veil.
 Fr. Anthony Beltrame & Sr. M. Olivia Lukaszewicz

August 7 2026
 Wakefield Hotel
 76 Wakefield St, Adelaide SA 5000

6:00 PM - Dinner
 7:00 PM - Interviews

Catholic Books Available for Purchase



Registration Essential



NOTICES



Sacred Heart Catholic Parish Hindmarsh-Findon

THE SACRAMENTS OF CONFIRMATION and FIRST COMMUNION WILL TAKE PLACE:



1st August @ 3pm & 6pm at Our Lady of the Manger
 22nd August @ 6pm at Our Lady of the Manger, Findon
 23rd August @ 9am at Sacred Heart Church, Hindmarsh
 30th August @ 9am at Sacred Heart Church, Hindmarsh

We invite you to pray for these children and their families as they prepare for this significant moment in their faith journey.



Sacred Heart Parish Hindmarsh - Findon



The Assumption of the Blessed Virgin Mary

Saturday, 15th August



11:00am Mass at Sacred Heart Church, Hindmarsh

Please bring a plate to share

*Blessing of Significant
 Wedding Anniversaries*

Sunday, 20th September

We invite you to celebrate Significant Wedding Anniversaries within the Archdiocese by honoring the life-long commitment and love shared by married couples.

If you are celebrating a significant anniversary (5th 10th 15th 20th 25th 30th 35th 40th 45th 50th 55th 60th) this year, please contact Parish Office before 28th August to advise details. Unfortunately, certificates cannot be prepared for nominations received after this date

The married couple will be presented with a certificate from the Archdiocese and acknowledged within Mass on Sunday, 20th September.



Catholic Archdiocese of Adelaide
 Archbishop of Adelaide



Vinnies Blue Bucket Appeal

Vinnies Blue Bucket Appeal will be held on the weekend of 15th & 16th August. Please make sure you bring cash as the Eftpos Machines are only for the parish and not connected to Vinnies.

On behalf of Vinnies, thank you so much for your support and generosity.

PRESENTATION

We welcome into our faith Community

Orlando Goodfellow

who will celebrate the Sacrament of Baptism next weekend at SHC within our Sacred Heart Hindmarsh—Findon Parish

Please keep the family in your prayers.



PARISH NEWS



Global Rosary for Peace

WEDNESDAY, 5TH AUGUST
6PM AT OUR LADY OF THE MANGER CHURCH, FINDON



"To pray the Rosary is to hand over our burdens to the merciful hearts of Christ and his Mother."
St. John Paul II

Please note that this event will be professionally recorded for sharing with the wider community

Grandparents Day

Thank you Reiko, Emily and Ben for sharing your life experiences about your grandparents.



We keep them in our prayers.

Can you spare
half an hour?
Afternoon Mass
Every Tuesday at 12:15pm at SHC

Please come along and pray with us every Tuesday at 12:15pm at Sacred Heart Church for a lunch time Mass All welcome!

Tuesday, 4th August

CANCELLED

Due to clergy gathering



CONGREGATION OF HOLY CROSS

Hearty Welcome

We are delighted to welcome you as you join us for the Eucharistic Celebration on 23rd August at 9am Mass at SHC and praying with the community.

Your presence is a blessing, and we look forward to celebrating together in faith and fellowship.



Br. Paul Bednarczyk, C.S.C.
(Superior General)



Br. Prodip Placid Gomes, C.S.C.
(Second General Assistant)



EXTRAORDINARY MINISTERS OF HOLY COMMUNION

Please note that all volunteers MUST also complete a Current Safeguarding Course with the Archdiocese.

This is online or in person.

If you wish to take part in this course in person, the Archdiocese is holding face to face training sessions.

- The first session is at Henley Beach Parish (Our Lady of the Sacred Heart, Henley Beach) on the 5th of August 10.30am–12.30pm
- The second session is at the Adelaide Cathedral Hall (39 Wakefield St, Adelaide) on the 20th of August 10.00am–12pm

Please note that we unfortunately cannot offer parking to our volunteers as the car park is used for employees only.

Please email directly to register individuals so we can ensure to have the correct amount of resources

Kerry Tantalos (Safeguarding Officer)

ktantalos@adelaide.catholic.org.au

Volunteers will not be able to perform as a Minister until Nominations have been approved and mandated by the Archbishop.

National Vocations Awareness Week

Throughout the Church in Australia, we celebrate National Vocations Awareness Week From 1/2 August until 8/9 August.

The theme of the first weekend is that every baptised Christian has a vocation and is called to holiness of life and to participate in the life and mission of the Church.

On the second weekend, we specify this baptismal call further and celebrate and pray for an increase in the Vocations of the Priesthood, Diaconate and the Consecrated Life.

Archdiocesan

Holy Hour

For National Vocations Awareness Week

St. Francis Xavier's Cathedral

6:30 PM
August 4 2026



Refreshments

to follow

Reflection

What gifts of faith, hope and love have I received?

How can I pass them on?



Catholic Archdiocese of Adelaide
Archbishop of Adelaide

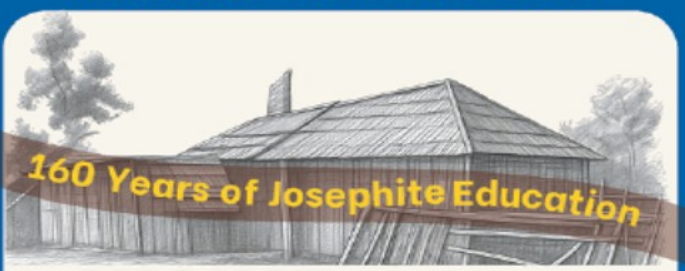
Annual Vocations Appeal
will be held next weekend
Sunday, 9th August

PARISH INFORMATION

FREE EVENT

ALL PAST STUDENTS & STAFF

Gather to celebrate ST JOSEPH'S SCHOOLS



160 Years of Josephite Education

7 AUGUST 2026
2-4pm
ST JOSEPH'S CONVENT, KENSINGTON
(Enter 4 High Street)

Register via QR code or phone 0417 871 904
Join the roll call. Bring memorabilia.
Enjoy afternoon tea.



"ಪಟ್ಟಿ ಮಾಯೆ ಉರ್ರೋ, ಜೆಜುಚಾ ಮೊಗಾಚೊ"

Adelaide Konkan Community

Monthi Fest 2026 Novena Masses

ಸಮಸ್ತಾಂತ್ ಮೊಗಾಚಿ ಆಪೊವ್ವ

1st, 2nd & 3rd September 6:30 PM



Sacred Heart Catholic Church
252 Port Rd, Hindmarsh SA

Priyanka Mascarenhas 0481 328 285

Sandeep Dsilva 0452 504 808

Carpark Fundraising at Sacred Heart Church

Soccer Matches at Cooper's Stadium - if you would like to volunteer and be added to the **Carpark WhatsApp Group** please let Sandra know on 0402 894 613. If you can help

please arrive about an hour before games begin. Thank you!



August	Events are at :	Coopers STADIUM
Tue 11	7:00pm	Adelaide United v Cong an Ha Noi (AFC Champions)
October		
Sun 18	2:30pm	Adelaide United v Brisbane Roar
November		
Sun 8	4:30pm	Adelaide United v Melbourne Victory
Tue 17	7:00pm	Foo Fighters Concert

SAFEGUARDING

Our parish is committed to being a safe, welcoming, and respectful community for everyone.

Children, young people, and adults at risk have the right to be treated with dignity and respect, to feel safe from harm, abuse, neglect, or exploitation, and to have their voices heard.

Safeguarding is a shared responsibility, and we all play a role in protecting these rights by speaking up about concerns, supporting one another, and promoting environments where safety and wellbeing come first.

If you have concerns about the safety or wellbeing of a child or an adult at risk, please contact your Parish Safeguarding Contact Person or the Archdiocese's Integrity and Safeguarding Department.

Parish Pastoral Council Code of Conduct

As members of Pastoral Council, we are committed to upholding the values of our Catholic faith and fostering an environment of respect, collaboration, and service to our parish community. Our conduct shall be guided by the following principles:

- 1 Commitment to the Catholic Faith:**
 - We will respect and follow the teachings and traditions of the Catholic Church in all our actions.
 - We aim to deepen our relationship with God and lead by example in living the Gospel values.
- 2 Respect and Charity:**
 - We will treat all individuals with dignity, kindness, and respect, regardless of background or beliefs.
 - We will listen and foster open dialogue, promoting mutual understanding.
 - The Parish maintains a zero-tolerance policy for harassment, bullying, and discriminatory behavior.
- 3 Confidentiality and Trust**
 - We will keep sensitive information from meetings confidential, respecting privacy and the council's work.
 - Breaches of confidentiality may result in immediate dismissal.
- 4 Accountability and Integrity**
 - We will act with honesty and transparency in all dealings on behalf of the parish.
 - We will declare any conflicts of interest and commit to attending scheduled meetings. Missing three consecutive meetings without prior agreement will result in resignation.
- 5 Collaborative Decision-Making**
 - We will work together harmoniously, respecting the parish priest's authority and Church teachings.
 - The parish's needs will take priority over personal interests.
- 6 Stewardship and Service**
 - We will be responsible stewards of parish resources, using them for the community's benefit.
 - We will actively engage in service, offering our time, talents, and resources.
- 7 Continuous Formation and Growth**
 - We will seek ongoing spiritual growth and deepen our understanding of Church teachings.
 - We will support each other in faith development and council education opportunities.



PARISH OFFICE

PHONE - 08 8346 3901

MOBILE - 0428 813 682

EMAIL - shparish@shphf.com.au

Office Hours: Tuesday - Friday 10:00am—2:00pm
252 Port Road, Hindmarsh SA 5007

Parish Priest: Father Santhosh Nazareth CSC

Assistant Priest: Father Rajashekhar Gundiga CSC

Please Note: If the office is unattended, please leave a message and we will return your call ASAP

Mailing address: PO Box 34, Welland 5007

Website: www.sacredheartparishhindmarsh.com.au

Facebook: www.facebook.com/sacredhearthindmarshparish

PARISH SAFEGUARDING CONTACTS

Our Parish together with the Catholic Archdiocese of Adelaide is committed to the care, wellbeing, and protection of children, young people, and vulnerable adults and to the nurturing of deep cultures of safety across the archdiocese

SACRED HEART CHURCH, HINDMARCH

Reena Aftab - renadeem@hotmail.com

OUR LADY OF THE MANGER, FINDON

Jessica Castolino - jessann2806@gmail.com

Andrea Noronha - andrea_noronha@hotmail.com