

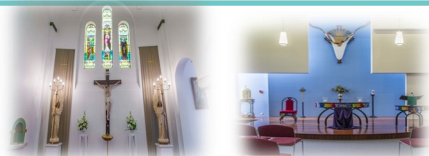


Parish Office
252 Port Road, Hindmarsh

WELCOME TO SACRED HEART PARISH HINDMARSH-FINDON

IN THE CHARISM OF THE HEART OF CHRIST

'May the Sacred Heart of Jesus be everywhere loved'



Sacred Heart Church 252 Port Rd, Hindmarsh
Our Lady of the Manger 176 Crittenden Rd, Findon

07 June 2026



Year A

The Most Holy Body & Blood of Christ

Responsorial Psalm

Praise the Lord, Jerusalem

Gospel Acclamation

Alleluia alleluia!

I am the living bread from heaven, says the Lord; whoever eats this bread will live for ever.

Alleluia!

Today's Readings

Deut 8:2-3, 14-16

Ps 147:12-15, 19-20

1 Cor 10:16-17

Jn 6:51-58

MASS INTENTIONS

6:00pm Saturday Vigil OLM Parish

9:00am SHC

Holy Souls of Purgatory
Gerry Elmidulan

11:00am OLM

Francesco Perri
Michael Gaviola and
Mary Gaviola
Leticia Gaviola
Julio Gaviola, Cirila Gaviola
and Leticia Gaviola

PARISH VISION STATEMENT

As a people who believe and trust in the love of God for us, revealed in the heart of Jesus, we live out this love in a welcoming and inclusive community that provides life-giving support and service to all people.

YOU ARE WELCOME TO JOIN US FOR MASS

- ◇ **Tuesday 09 Jun 12:15 pm** Mass at Sacred Heart Church (SHC) Hindmarsh
- ◇ **Wednesday 10 Jun 6:00 pm** Adoration and Candlelight Mass at Our Lady of the Manger Church (OLM) Findon
- ◇ **Friday 12 Jun 9:15 am** Mass at Our Lady of the Manger Church (OLM) Findon
7:00 pm Sacred Heart of Jesus Mass at Sacred Heart Church (SHC) Hindmarsh.
- ◇ **Saturday 13 Jun 10:00 am St Anthony of Padua Mass at Sacred Heart Church (SHC) Hindmarsh.**
6:00 pm Vigil Mass at Our Lady of the Manger Church (OLM) Findon
- ◇ **Sunday 14 Jun 9:00 am** Mass at Sacred Heart Church (SHC) Hindmarsh.
11:00 am Mass at Our Lady of the Manger Church (OLM) Findon

GOSPEL REFLECTION

Pange Lingua - Proclaim, O Tongue

Jesus said to the Jewish crowds: "I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world." The Jews quarreled among themselves, saying, "How can this man give us his flesh to eat?"

It must have been shocking to Jesus' listeners the first time He boldly proclaimed that He would give His flesh as spiritual food. Their reaction makes this clear: "How can this man give us his flesh to eat?" Jesus did not back down or soften what He had just proclaimed. Instead, He began a lengthy and direct discourse, starting with these words:

"Amen, amen, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you do not have life within you. Whoever eats my flesh and drinks my blood has eternal life, and I will raise him on the last day. For my flesh is true food, and my blood is true drink. Whoever eats my flesh and drinks my blood remains in me and I in him."

What would you have thought had you been among the first hearers? We're told the people quarreled, indicating division. Some, we later read, murmured among themselves, saying: "This saying is hard; who can accept it?" And tragically, many of Jesus' disciples left Him and returned to their former way of life.

Despite this apparent failure and loss of disciples, Jesus did not retract or revise His teaching. Instead, He turned to the Twelve and asked if they too wished to leave. Peter, with clarity and faith, responded with one of the most profound statements of discipleship in all of Scripture: "Master, to whom shall we go? You have the words of eternal life. We have come to believe and are convinced that you are the Holy One of God".

In many ways, Peter's words are as important for us today as Jesus' own words introducing the Eucharist. Why? Because Peter shows us how to respond when we encounter divine mysteries beyond human understanding. The Eucharist is one of the most central of these mysteries.

Do you believe in the Eucharist? Do you believe that it is truly the flesh and blood of the Son of God—His Body and Blood, Soul and Divinity? Though many of us have learned this teaching from childhood and accept it on some level, few penetrate the depth of the mystery we behold at every Mass. Saint John Vianney spoke beautifully of the Eucharist, revealing his profound reverence for this Gift: "If we really understood the Mass, we would die of joy." And: "There is nothing so great as the Eucharist. If God had something more precious, He would have given it to us." He also said: "How beautiful it is! After the Consecration, the good God is there as He is in Heaven."

It's easy to approach the Holy Mass out of routine rather than with the depth of faith possessed by the saints. But that must be our goal. We must believe that we would truly "die of joy" if we understood the Mass.

The Solemnity of Corpus Christi is our annual invitation to step back and reflect on what we believe—and how devoutly we participate in the Mass and receive Holy Communion. We need this reminder so that our worship and faith do not grow lax.

Reflect today on Jesus' unwavering clarity: "Amen, amen, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you do not have life within you." Believe what He says. The Eucharist is not a symbol; it is the greatest Divine Mystery on earth. In the Eucharist, we kneel before God and consume Him—so that we may become what we eat: the Mystical Body of Christ. Copyright © 2024 My Catholic Life! Inc. All rights reserved. Used with permission.

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DONATIONS WELCOME

	First Collection	Second Collection
Account Name BSB—Account Number	Diocesan Presbytery 066 782 - 100 031 471	Sacred Heart Parish Hindmarsh-Findon 066 782 - 100 000 081
<i>Thank you for using this option</i>	Reference: "Your Name"	Reference: "Your Name"

PARISH CALENDAR

JUNE

- 06 June Vinnies Pasta Night at Our Lady of the Manger
07 June The Most Holy Body and Blood of Christ
12 June The Most Sacred Heart of Jesus
7pm Mass at Sacred Heart Church
13 June St Anthony of Padua
10am Mass at Sacred Heart Church
14 June 11th Sunday in Ordinary Time
21 June 12th Sunday in Ordinary Time
24 June The Nativity of St John the Baptist
28 June 13th Sunday in Ordinary Time
Holy Fathers Appeal
29 June Sts Peter & Paul, Apostles



July

- 03 Jul St Thomas, Apostle

PARISH MEETINGS

APRIM Meeting

Tuesday, 9th June @ 1:00pm at Parish Office

Community Connect (Fundraising) Meeting

Sunday, 21st June @ 6:00pm at OLM

Parish Pastoral Council Meeting

Tuesday, 30th June @ 6.30pm at Parish Office

Parish Finance Council Meeting

Wednesday, 15th July @ 7:00pm at OLM

Liturgy Meeting

TBA @ 6.30pm @ 6:30pm at OLM



May God grant them peace, comfort and strength in their time of suffering

We pray for all the sick in our community that God will grant them courage, healing and strength.

We especially pray for healing for our parishioners

Michelle Dench, PA Merchant, L Parker, Rosalinda Alonzo, Dennis Taylor and Jane Saliba

If you would like prayers or to add a name to our sick list, please contact the parish office. Thank you.



ARCHDIOCESE NEWS

Reflection morning with Fr Tom McDonough CP

Heart on Fire – The Sacred Heart of Jesus

Join us for a morning of reflection led by Fr Tom McDonough CP, exploring the love and mercy revealed in the Sacred Heart of Jesus. Inspired by the words of Pope Francis and Pope Leo XIV, this reflection invites us to rediscover love as the heart of the Church's mission – mercy made visible in care for the poor and forgotten.

9:00am on the 13 June 2026 located at The Monastery 15 Cross road, Urrbrae.

Morning tea provided. Suggested donation: \$25

Bookings essential phone 8338 8700 or email conference@themonastery.net.au

Birthline Pregnancy Support

We're here to listen—without pressure or judgment. If you are facing an unplanned pregnancy or seeking support after an abortion, you don't have to go through it alone. Our trained counsellors offer a safe, confidential space to talk at your own pace. You will be met with care, compassion and respect. Reach out today—you'll be heard.

Call 1300 655 156 | website: <https://birthline.org.au>



Sacred Heart Catholic Parish Hindmarsh-Findon

PRESENTATION OF CONFIRMATION and FIRST COMMUNION STUDENTS WILL TAKE PLACE:

Sun 14th June @ 9:00am at Sacred Heart Church



We invite you to pray for these children and their families as they prepare for this significant moment in their faith journey.



SACRED HEART PARISH HINDMARSH - FINDON

Hearts United DINNER PARTY

Join us for a delightful event of great company and live music

SATURDAY

18TH JULY 7PM

Nazareth Primary Campus
Mackillop Hall
176 Crittenden Road, Findon

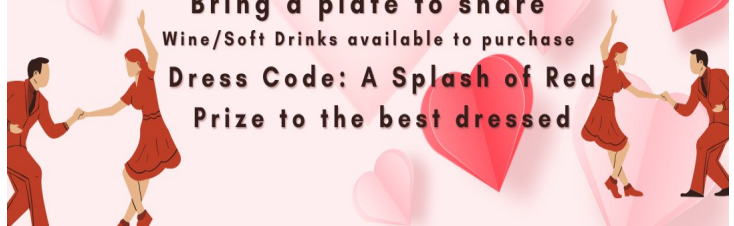
Tickets: \$15 (adults) &
\$10 (children)

Tickets available at both parish centres

Bring a plate to share

Wine/Soft Drinks available to purchase

**Dress Code: A Splash of Red
Prize to the best dressed**



St. Anthony of Padua

Saturday, 13th June at 10am

Sacred Heart Church, Hindmarsh

St. Anthony of Padua was called a "Miracle Worker" and many miracles have been attributed to him during his life and since his death. It seems everyone, even non-Catholics, knows of his reputation as an intercessor in finding lost items.

International Rosary

Thank you to everyone who came and prayed with us



The month of June is dedicated to the **Most Sacred Heart of Jesus**. Every year, 19 days after Pentecost, we celebrate the Great Feast of the Sacred Heart. This powerful devotion is an opportunity for us to “reset” our hearts to be more like His Heart every day.

Jesus longs to heal our hearts through the grace of the Holy Spirit. Devotion to the Sacred Heart offers us a foundation of grace and strength that can stabilize us in unsteady waters. The Sacred Heart of Jesus longs to console and strengthen us. As St. Margaret Mary once said “*May the peace of the adorable Heart of Jesus Christ ever fill our hearts, so that nothing may be able to disturb our serenity.*” Developing a relationship with Jesus’ Heart is a devotion that will last a lifetime. While Jesus transforms our hearts, we also discover that we can console the Heart of Jesus through our love and sacrifices.

Jesus offered His Heart to St. Margaret Mary during a vision in the late 1670’s. He offers His Heart to us today as the source of grace, the fount of all love to renew and restore us. Jesus tells St. Margaret Mary, “*Do thou know why I give you My graces in such abundance? To make of you a sanctuary in which the fire of My love may continually burn.*”

This powerful quote reminds us that Jesus wants to fill us with His love and have His Heart, within our heart, be the sacred altar where nothing dishonored, corrupt or sinful can exist. Jesus’ Heart is where we go for our Heart transplant, where we replace our sinful heart with His. Through this devotion, we can love like Jesus, be like Jesus, and allow our hearts to be living tabernacles of love. We read in holy Scripture that God wants to dwell in our hearts, “*Do you not know that you are the temple of God, and that the Spirit of God dwells in you?*” (1 Cor 3:16).

This great feast of the Sacred Heart is a powerful reminder of how the Lord desires to dwell within us.

May the Feast of the Sacred Heart be a reminder of how much the Lord loves you. Without love we are empty vessels. We need the love of God to strengthen, renew, and guide us on our journey. This feast day was established to bring our attention to His Most Sacred Heart and have us to pause in the midst of our busy lives to be restored and renewed. Consider [Enthroning your home and family to the Sacred Heart of Jesus](#); going to Mass on this day, praying the [Litany of the Sacred Heart](#), or the Holy Heart of Jesus Prayer below.

O most holy Heart of Jesus, fountain of every blessing, I adore You, I love You, and with a lively sorrow for my sins, I offer You this poor heart of mine. Make me humble, patient, pure, and wholly obedient to Your will. Grant, good Jesus, that I may live in You and for You. Protect me in the midst of danger and comfort me in my afflictions. Give me health of body, assistance in my temporal needs, Your blessing on all that I do, and the grace of a holy death. Amen.

(From *Enthronement to the Sacred Heart* by Fr. Francis Larkin).

Feast of Sacred Heart of Jesus

Friday, 12th June Eucharist at 7:00pm
 followed by refreshments
Sacred Heart Church, Hindmarsh
We invite people from both mass centres
to bring a plate to share

Main Celebrant - Fr. Lancy D’Silva
Concelebrants - Fr. Santhosh, Fr. Raja & Fr. Paul Cashen

Sunday, 14th June at 9:00am
 followed by morning tea
Sacred Heart Church, Hindmarsh
please bring a plate to share

Candles

Large Candle	-	\$10.00
Medium Candle	-	\$5.00
Small Candle	-	\$5.00

available from SHC on the day
 or at the Parish Office during office hours



2026 Sacramental Dates

CELEBRATIONS



Reconciliation

3rd July @ 5.45pm at Sacred Heart Church, Hindmarsh
 21st July @ 6pm at Our Lady of the Manger, Findon
 23rd July @ 6pm at Our Lady of the Manger, Findon

Communion/Confirmation

1st August @ 3pm & 6pm at Our Lady of the Manger
 22nd August @ 6pm at Our Lady of the Manger, Findon
 23rd August @ 9am at Sacred Heart Church, Hindmarsh
 30th August @ 9am at Sacred Heart Church, Hindmarsh



The June issue of *The Southern Cross*
 now available for \$2.
 Please take home a copy today.

PARISH INFORMATION

National Reconciliation Week



National Reconciliation Week, from May 27th to June 3rd, is a time for all Australians to learn about our shared histories, cultures, and achievements, and to explore how each of us can contribute to achieving reconciliation in Australia.

On 3 June 1992 the High Court of Australia recognised that a group of Torres Strait Islanders, led by Eddie Mabo, held ownership of Mer (Murray Island). In acknowledging the traditional rights of the Meriam people to their land, the court also held that native title existed for all Indigenous people. This landmark decision gave rise to important native title legislation the following year and rendered terra nullius a legal fiction.

(Terra Nullius means 'land belonging to no-one'. For many years, this is how people saw Australia, giving no recognition to the fact that for 60000+ years, our Indigenous people had lived on this continent and surrounding islands.)

<https://www.reconciliation.org.au/publication/what-is-national-reconciliation-week/>

Quote of the Week

Even in the most difficult and darkest of times, there is light and goodness all around us

Unknown Author

PARISH OFFICE

PHONE - 08 8346 3901

MOBILE - 0428 813 682

EMAIL - shparish@shphf.com.au

Office Hours: Tuesday - Friday 10:00am–2:00pm
252 Port Road, Hindmarsh SA 5007

Parish Priest: Father Santhosh Nazareth CSC
Assistant Priest: Father Rajashekhar Gundiga CSC

Please Note: If the office is unattended, please leave a message and we will return your call ASAP
Mailing address: PO Box 34, Welland 5007

Website: www.sacredheartparishhindmarsh.com.au
Facebook: www.facebook.com/sacredhearthindmarshparish

PARISH SAFEGUARDING CONTACTS

Our Parish together with the Catholic Archdiocese of Adelaide is committed to the care, wellbeing, and protection of children, young people, and vulnerable adults and to the nurturing of deep cultures of safety across the archdiocese

SACRED HEART CHURCH, HINDMARCH

Reena Aftab - renadeem@hotmail.com

OUR LADY OF THE MANGER, FINDON

Jessica Castelino - jessann2806@gmail.com

Andrea Noronha - andrea_noronha@hotmail.com

SAFEGUARDING

Our parish is committed to being a safe, welcoming, and respectful community for everyone.

Children, young people, and adults at risk have the right to be treated with dignity and respect, to feel safe from harm, abuse, neglect, or exploitation, and to have their voices heard.

Safeguarding is a shared responsibility, and we all play a role in protecting these rights by speaking up about concerns, supporting one another, and promoting environments where safety and wellbeing come first.

If you have concerns about the safety or wellbeing of a child or an adult at risk, please contact your Parish Safeguarding Contact Person or the Archdiocese's Integrity and Safeguarding Department.

Stay Safe Online

A Guide for Kids!

Being online can be fun! You can play games, talk to friends, and learn new things. But sometimes, people say or do mean things online.

What You Should Do Online

- Use kind words and respectful messages
- Only talk to people you know in real life
- Use Church or group pages, not private chats
- Ask a parent before sharing photos
- Keep passwords secret and change them often
- If someone says something weird or rude— TELL AN ADULT



What You Shouldn't Do Online



- Don't chat privately with adults from Church
- Don't post or share rude, scary, or secret stuff
- Don't post photos of friends without asking
- Don't keep talking to someone if they make you feel weird
- Don't pretend to be someone else

How Church Leaders Must Help Keep You Safe:

- Two adults must check Church pages
- They must get permission before posting your photo
- Church devices must be locked with passwords
- They must use the internet only for Church activities

Need to Talk? You can call these numbers for help:

- Kids Helpline: 1800 55 1800
- Lifeline: 13 11 14
- Headspace: headspace.org.au
- Integrity and Safeguarding Department: 8210 8150 (option 3)

Other Resources are available via The e-safety Commissioner

The Importance of Online Safety

Stay Safe, Stay Smart!

The internet is a powerful tool but it can also be dangerous. Protect yourself and others by practicing good online safety habits.



What is Cyberbullying

Cyberbullying is using digital platforms—like social media, messaging apps, emails, or online games—to harass, intimidate, threaten, humiliate, or harm others. The Archdiocese has zero tolerance to this behaviour.



Common Types

- Harassment** – Repeated hurtful or threatening messages
- Impersonation** – Pretending to be someone else to cause harm
- Outing** – Sharing private or sensitive information without consent
- Exclusion** – Intentionally excluding others from groups or platforms
- Spreading Rumours** – Sharing false or damaging information
- Hurtful Images** – Posting or sharing cruel memes, photos or videos

Remember:

Your digital footprint is forever. Stay alert, be cautious, and surf smart!

Online Safety Tips:

- Use strong passwords
- Think before you click
- Be kind and respectful
- Install antivirus software