



Parish Office
252 Port Road, Hindmarsh

WELCOME TO SACRED HEART PARISH HINDMARSH-FINDON

IN THE CHARISM OF THE HEART OF CHRIST

'May the Sacred Heart of Jesus be everywhere loved'



Sacred Heart Church 252 Port Rd, Hindmarsh
Our Lady of the Manger 176 Crittenden Rd, Findon

29 March 2026



*Palm Sunday
of the
Passion of
the Lord*

Responsorial Psalm

*My God, my God, why
have you abandoned
me?*

Gospel Acclamation

*Praise to you,
Lord Jesus Christ,
king of endless glory!*

*Christ became
obedient for us even
to death, dying on the
cross. Therefore, God
raised him on high
and gave him a name
above all other
names.*

*Praise to you,
Lord Jesus Christ,
king of endless glory!*

Today's Readings

Mt 21:1-11

Is 50:4-7

Ps 21:8-9, 17-20, 23-24

Phil 2:6-11

Mt 26:14-27:66

MASS INTENTIONS

6:00pm Saturday Vigil OLM
Parish

9:00am SHC
Parish

11:00am OLM
Parish

GIVE EASILY TO 1ST,
2ND AND SPECIAL
COLLECTIONS

SCAN QR CODE
WITH CAMERA



Adelaide.GoodGiving.com.au

PARISH VISION STATEMENT

As a people who believe and trust in the love of God for us, revealed in the heart of Jesus, we live out this love in a welcoming and inclusive community that provides life-giving support and service to all people.

YOU ARE WELCOME TO JOIN US FOR MASS

◇ Tuesday	31 Mar	12:15 pm	Mass at Sacred Heart Church (SHC) Hindmarsh
◇ Wednesday	01 Apr	6:00 pm	Stations of the Cross followed by Candlelight Mass at Our Lady of the Manger Church
◇ Thursday	02 Apr	7:00 pm	Holy Thursday - The Lord's Supper Mass at Our Lady of the Manger Church (OLM)
◇ Friday	03 Apr	10:00 am	GOOD FRIDAY - Stations of the Cross at Sacred Heart Church (SHC) Hindmarsh
		11:00 am	GOOD FRIDAY - Stations of the Cross at Our Lady of the Manger Church (OLM) Findon
		3:00pm	GOOD FRIDAY - The Passion of the Lord at Sacred Heart Church (SHC) Hindmarsh
◇ Saturday	04 Apr	7:00 pm	Easter Vigil Mass at Our Lady of the Manger Church (OLM) Findon (note time change)
◇ Sunday	05 Apr	9:00 am	EASTER SUNDAY Mass at Sacred Heart Church (SHC) Hindmarsh.
		11:00 am	EASTER SUNDAY Mass at Our Lady of the Manger Church (OLM) Findon

GOSPEL REFLECTION

Jesus' Human and Divine Love

When Mary came to where Jesus was and saw him, she fell at his feet and said to him, "Lord, if you had been here, my brother would not have died." When Jesus saw her weeping and the Jews who had come with her weeping, he became perturbed and deeply troubled, and said, "Where have you laid him?" They said to him, "Sir, come and see." And Jesus wept.

Jesus' humanity shines clearly in today's Gospel. In the face of Lazarus' death, Jesus is deeply moved by the grief around Him. The Gospel says He "became deeply distressed and troubled" and eventually "wept." The Greek word for "deeply distressed," *embrimaomai*, suggests a strong emotional disturbance, even indignation or anger. It could be translated as "He snorted in spirit," indicating an involuntary, visceral response from the depth of His soul. Some commentators suggest Jesus' anger wasn't directed at the people weeping but at the reality of death itself, caused by sin. As God, Jesus knew death was never part of the Father's original plan for humanity. From a divine perspective, He saw death as a consequence of sin. From this point of view, death provoked righteous indignation and deeply troubled His human heart.

As the passage continues, Jesus' humanity is powerfully portrayed in the shortest verse in the Bible: "And Jesus wept." Why did He weep? Saint Paul reminds us in Hebrews: "For we do not have a high priest who is unable to sympathize with our weaknesses, but one who has similarly been tested in every way, yet without sin". Jesus' tears show us that the Holy Trinity knows human pain firsthand. The Incarnate Son allowed Himself to experience sorrow, and the Father and the Holy Spirit shared in this sorrow through Him.

It's important to note that Jesus' sorrow was different from the weeping of Lazarus' sisters and the others present. Jesus' weeping uses the Greek word *edakrysen*, which means "to shed tears" or "weep silently." His tears were personal, controlled, intimate, heartfelt, and full of divine compassion. In contrast, the weeping of the others is described by the Greek word *klaio*, meaning loud wailing, a typical expression of communal and ritualistic mourning at the time. Jesus' grief was neither ritualistic nor excessive; it was intimate and heartfelt, born from personal sorrow and divine compassion.

We must never forget Jesus' deep compassion, empathy, and sorrow. His human heart feels the same emotions we do—He grieves when we grieve, shares in our pain, and is moved by the hold sin has on us. After feeling these emotions at Lazarus' death, Jesus stood outside the tomb and "cried out in a loud voice, 'Lazarus, come out!'" We can imagine the passion behind His command. In our lives, when we are trapped in sin or burdened by human weakness, we must hear Jesus calling us to freedom with the same divine authority and human passion.

Reflect today on Jesus' humanity and how He perfectly understands everything we experience. His deep empathy for our suffering and His joy when we rise with His grace show us how intimately He knows us. God became one of us in every way, sharing in our human condition—though without sin—so that we might share in His divinity. Ponder His humanity and let His closeness draw you to Him, giving you a share in His divine life.

Most compassionate Lord, You experienced human nature in its fullness. Though You never sinned, You allowed Yourself to feel the effects of our sin and suffering, filling them with Your divine compassion. Help me to always remember Your humanity, knowing that through it, I come to share in Your divinity. Jesus, I trust in You.

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DONATIONS WELCOME

	First Collection	Second Collection
Account Name	Diocesan Presbytery	Sacred Heart Parish Hindmarsh-Findon
BSB—Account Number	066 782 - 100 031 471	066 782 - 100 000 081
<i>Thank you for using this option</i>	Reference: "Your Name"	Reference: "Your Name"

PARISH CALENDAR

MARCH

- 29 Mar **Palm Sunday**
 9am Mass at SHC
 11am Mass at OLM
 11am Italian Mass at SHC
- 30 Mar **Chrism Mass**
 6pm at St Francis Xavier Cathedral



APRIL

- 02 Apr **Holy Thursday - Lord's Supper**
 7pm Mass at OLM
- 03 Apr **Good Friday**
 10am Stations of the Cross at SHC
 11am Stations of the Cross at OLM
 (led by the Youth)
 3pm Veneration of the Cross and
 The Passion of the Lord at SHC
- 04 Apr **Holy Saturday - Easter Vigil**
 7pm Mass at OLM
- 05 Apr **Easter Sunday**
 9am Mass at SHC
 11am Mass at OLM



May God grant them peace, comfort and strength in their time of suffering

We pray for all the sick in our community that God will grant them courage, healing and strength.
 We especially pray for healing for our parishioners
Michelle Dench, PA Merchant, L Parker, Rosalinda Alonzo and Jane Saliba
If you would like prayers or to add a name to our sick list, please contact the parish office. Thank you.



Don't Forget!

Daylight Saving ends
Sunday, 5th April.

Wind your Clocks **back** 1 hour

Vinnies Easter Raffle

Tickets are 3 for \$5



from each Mass Centre leading up to Easter Monies raised will help us to continue working with our community to provide fresh vegetables and meat which will supplement the donations of non perishable items donated at Christmas time from under the Christmas tree and from our schools

We thank you for supporting Vinnies.

PARISH MEETINGS



Community Connect (Fundraising) Meeting

Thursday, 16th April @ 6:00pm at OLM

Parish Finance Council Meeting

Wednesday, 22nd April @ 7:00pm at OLM

Parish Pastoral Council Meeting

Tuesday, 5th May @ 6.30pm at St Joseph School

Liturgy Meeting

TBA @ 6:30pm at OLM

APRIM Meeting

Tuesday, 2nd June @ 1:00pm at Parish Office

Easter Sunday

for some
 egg-hunting and
 morning tea celebration!

APRIL 5, 2026 @ 10:00 AM

Sacred Heart Catholic Church
 252 Port Road, Hindmarsh

please bring a plate to share



ARCHDIOCESE NEWS

Good Friday Night Walk

Young people and families are warmly invited to join an evening pilgrimage walk through the heart of the city. As we journey together into the stillness of the night, we will pause to reflect on the significance of this sacred day and create space for hope, even in moments of darkness.

Date: Friday 3 April 2026

Time: 7:30pm start until late (approx. 11:30pm)

Location: Beginning at Mary MacKillop Plaza (next to St Francis Xavier Cathedral) and concluding at St Francis Xavier Cathedral

Walking Distance: Approximately 6-6.5km

What to Expect: Three moments of contemporary prayer, reflection, and worship—at the beginning, midpoint, and end of the pilgrimage.

Free Registration: <https://www.trybooking.com/DIYHL>

Hosted by the **Catholic Office for Youth and Young Adults (COYYA)**.

GOOD FRIDAY HOLY LAND COLLECTION

The annual collection for the support of the church in the Holy Land will take place on **Good Friday, 3rd April**. This collection promotes the missionary work of the Church in the Holy Land by providing welfare assistance to local Christians in areas such as health, education, employment, housing. Parishes, and orphanages. It is also used to maintain over 70 churches and shrines associated with the life of Jesus.

Please remember the Christians of the Holy Land on Good Friday. Thank you



The April issue of *The Southern Cross* now available .

Please take home a **FREE** copy today.

READERS TRAINING

Sacred Heart Parish Hindmarsh—Findon are hosting a Readers Training session:

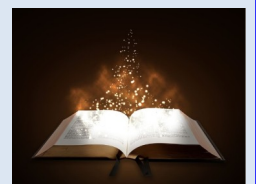
- **Date:** Saturday, 2 May 2026

- **Time:** 5:30 pm

- **Location:** Sacred Heart Church, Hindmarsh

Please RSVP via the Google Form: https://docs.google.com/forms/d/e/1FAIpQLSfk5u1SA5f_9MgJ-Jxb8o5crFzRnfjJuTaJmHQ8f_o6PNFqA/viewform

Looking forward to seeing you there!
 Father Rajashekhar





Palm Sunday

Palm Sunday is the final Sunday of Lent, the beginning of Holy Week, and commemorates the triumphant arrival of Christ in Jerusalem, days before he was crucified.

Palm Sunday is known as such because the faithful will often receive palm fronds which they use to participate in the reenactment of Christ's arrival in Jerusalem. In the Gospels, Jesus entered Jerusalem riding a young donkey, and to the lavish praise of the townspeople who threw clothes, or possibly palms or small branches, in front of him as a sign of homage. This was a customary practice for people of great respect.

Palm branches are widely recognized symbol of peace and victory, hence their preferred use on Palm Sunday.

The use of a donkey instead of a horse is highly symbolic, it represents the humble arrival of someone in peace, as opposed to arriving on a steed in war.

A week later, Christ would rise from the dead on the first Easter.

During Palm Sunday Mass, palms are distributed to parishioners who carry them in a ritual procession into church. The palms are blessed and many people will fashion them into small crosses or other items of personal devotion. These may be returned to the church, or kept for the year.

Because the palms are blessed, they may not be discarded as trash. Instead, they are appropriately gathered at the church and incinerated to create the ashes that will be used in the follow year's Ash Wednesday observance.

The colours of the Mass on Palm Sunday are red and white, symbolizing the redemption in blood that Christ paid for the world.

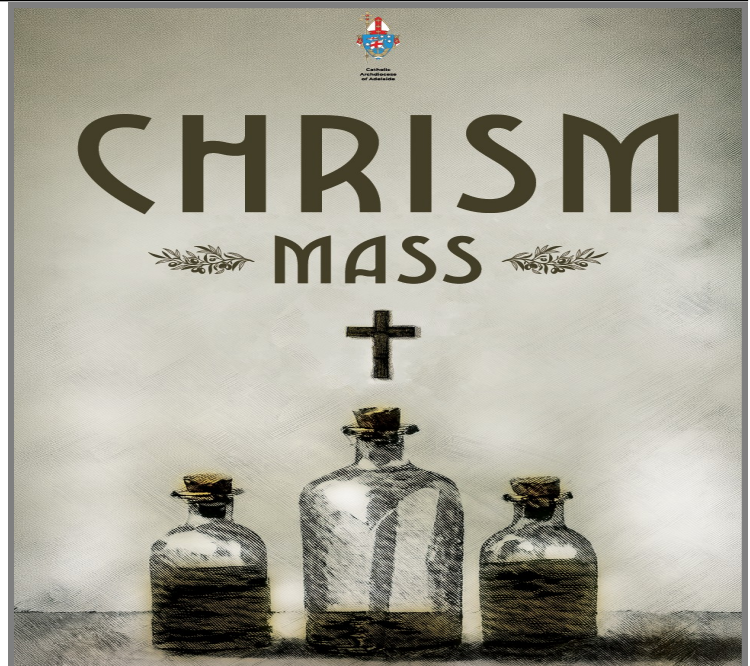
Easter Vigil - Saturday, 4th April

We welcome into our faith Community

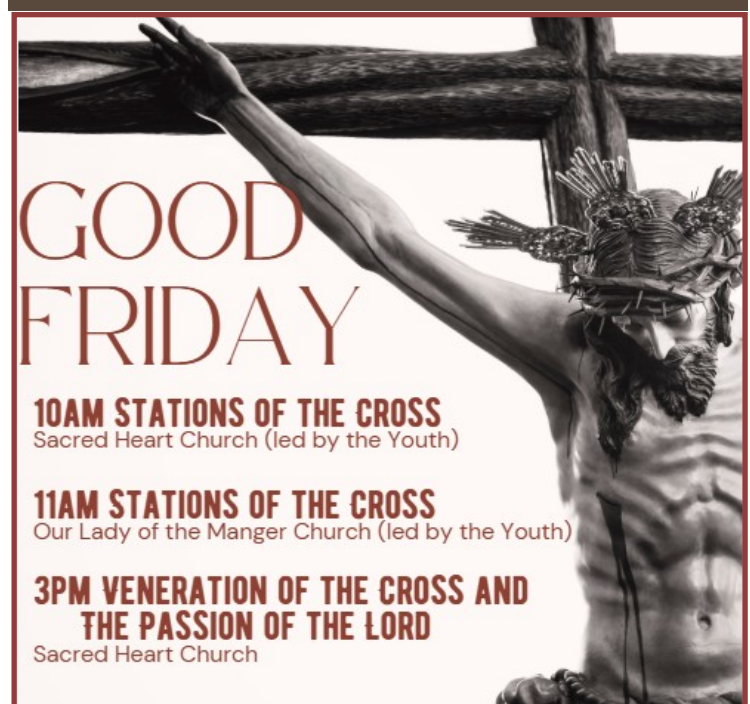
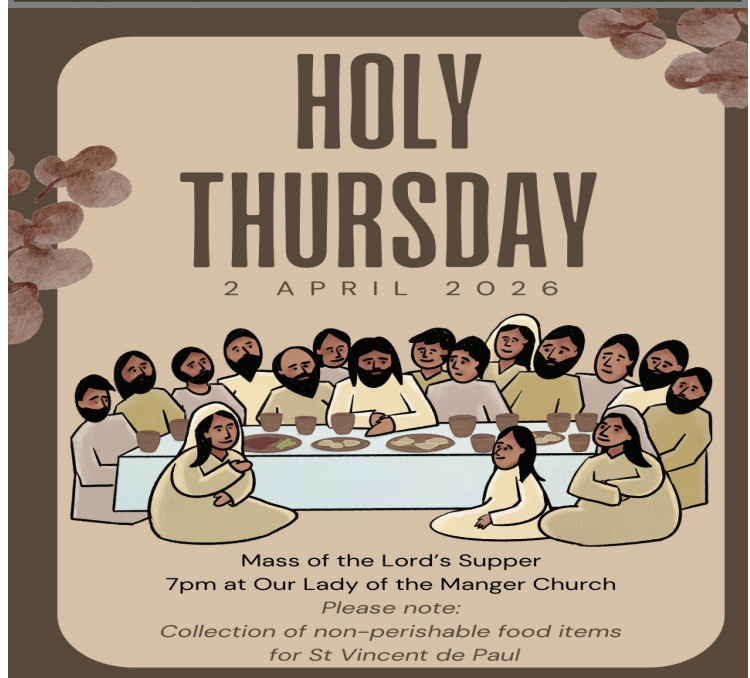
Jessica D'Angelica

During our Easter Vigil Mass at OLM Jessica will be Washed in the Waters of Baptism, Sealed with the Holy Spirit in Confirmation, Nourished by the Bread of the Eucharist and welcomed into the community.

Please keep Jessica in your prayers.



MONDAY, 30 MARCH 2026 | 6.00PM | ST FRANCIS XAVIER'S CATHEDRAL, ADELAIDE



PARISH INFORMATION

Holy Week & Easter 2026

Palm Sunday

Masses begin with Blessing of the Palms

Saturday March 28th

6:00 pm Findon (Vigil Mass)

Sunday March 29th

Palm Sunday



9:00 am Hindmarsh
11:00 am Findon



Monday March 30th

Chrism Mass ~ Consecration of Holy Oils
6:00 pm St Francis Xavier Cathedral ~ All w

Holy Thursday April 2nd

Holy Thursday - Mass of the Lord's Supper
7:00 pm at OLM - Findon

Please note:

Collection of non-perishable food items for St Vincent de Paul



Good Friday April 3rd

Stations of the Cross

10:00 am Hindmarsh
11:00 am Findon (to be led by the youth)



Good Friday – Veneration of the Cross & The Passion of The Lord
3.00 pm SHC-Hindmarsh



Holy Saturday April 4th

7.00 pm Easter Vigil
OLM Findon



Easter Sunday April 5th

Easter Sunday

9.00 am Hindmarsh
11.00 am Findon

Individual Reconciliation by appointment with Fr Santhosh or Fr Rajashekhar
(Ph: 08 8346 3901 or 0428 813 682)



Holy Week

PARISH OFFICE

PHONE - 08 8346 3901
MOBILE - 0428 813 682
EMAIL - shparish@shphf.com.au

Office Hours: Tuesday - Friday 10:00am–2:00pm
252 Port Road, Hindmarsh SA 5007

Parish Priest: Father Santhosh Nazareth CSC
Assistant Priest: Father Rajashekhar Gundiga CSC

Please Note: If the office is unattended, please leave a message and we will return your call ASAP
Mailing address: PO Box 34, Welland 5007

Website: www.sacredheartparishhindmarsh.com.au
Facebook: www.facebook.com/sacredhearhindmarshparish



Carpark Fundraising at Sacred Heart Church

Soccer Matches at Cooper's Stadium is starting again - if you would like to volunteer and be added to the **Carpark WhatsApp Group** please let Sandra know on 0402 894 613. If you can help **please arrive about an hour before games begin.** Thank you!

April	Events are at :	<i>Coopers</i> STADIUM
Sun 19	3:00pm	Adelaide United v Macarthur
November		
Tue 17	7:00pm	Foo Fighters Concert