



Parish Office
252 Port Road, Hindmarsh

WELCOME TO SACRED HEART PARISH HINDMARSH-FINDON

IN THE CHARISM OF THE HEART OF CHRIST

'May the Sacred Heart of Jesus be everywhere loved'



Sacred Heart Church 252 Port Rd, Hindmarsh
Our Lady of the Manger 176 Crittenden Rd, Findon

22 March 2026



Year A

*5th Sunday
of Lent*

Responsorial Psalm

*With the Lord there is
mercy and fullness of
redemption.*

Gospel Acclamation

*Glory to you,
and praise to you,
Lord Jesus Christ!*

*I am the resurrection
and the life, says the
Lord; whoever
believes in me will not
die for ever.*

*Glory to you,
and praise to you,
Lord Jesus Christ!*

Today's Readings

Ezek 37:12-14

Ps 129

Rom 8:8-11

Jn 11:1-45

MASS INTENTIONS

6:00pm Saturday Vigil OLM
Parish

9:00am SHC
Salvatore La Rocca
Alexsander Czerwinski
Katyziwa Czerwinski
Donny Altamura
Joseph Cappelluti

11:00am OLM
Parish

GIVE EASILY TO 1ST,
2ND AND SPECIAL
COLLECTIONS

SCAN QR CODE
WITH CAMERA



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PARISH VISION STATEMENT

As a people who believe and trust in the love of God for us, revealed in the heart of Jesus, we live out this love in a welcoming and inclusive community that provides life-giving support and service to all people.

YOU ARE WELCOME TO JOIN US FOR MASS

- ◇ **Tuesday 24 Mar 12:15 pm** Mass at Sacred Heart Church (SHC) Hindmarsh
- ◇ **Wednesday 25 Mar 6:00 pm** **Stations of the Cross** followed by **Candlelight Mass** at Our Lady of the Manger Church
- ◇ **Friday 27 Mar 9:15 am** Mass at Our Lady of the Manger Church (OLM) Findon
6:30 pm **Stations of the Cross** at Sacred Heart Church (SHC)
- ◇ **Saturday 28 Mar 6:00 pm** **Palm Sunday Vigil Mass** at Our Lady of the Manger Church (OLM) Findon
- ◇ **Sunday 29 Mar 9:00 am** **Palm Sunday** Mass at Sacred Heart Church (SHC) Hindmarsh
11:00 am **Italian Mass - Palm Sunday** Mass at Sacred Heart Church (SHC) Hindmarsh
- ◇ **Sunday 29 Mar 11:00 am** **Palm Sunday** Mass at Our Lady of the Manger Church (OLM) Findon

GOSPEL REFLECTION

Jesus' Human and Divine Love

When Mary came to where Jesus was and saw him, she fell at his feet and said to him, "Lord, if you had been here, my brother would not have died." When Jesus saw her weeping and the Jews who had come with her weeping, he became perturbed and deeply troubled, and said, "Where have you laid him?" They said to him, "Sir, come and see." And Jesus wept.

Jesus' humanity shines clearly in today's Gospel. In the face of Lazarus' death, Jesus is deeply moved by the grief around Him. The Gospel says He "became deeply distressed and troubled" and eventually "wept." The Greek word for "deeply distressed," *embrimaomai*, suggests a strong emotional disturbance, even indignation or anger. It could be translated as "He snorted in spirit," indicating an involuntary, visceral response from the depth of His soul. Some commentators suggest Jesus' anger wasn't directed at the people weeping but at the reality of death itself, caused by sin. As God, Jesus knew death was never part of the Father's original plan for humanity. From a divine perspective, He saw death as a consequence of sin. From this point of view, death provoked righteous indignation and deeply troubled His human heart.

As the passage continues, Jesus' humanity is powerfully portrayed in the shortest verse in the Bible: "And Jesus wept." Why did He weep? Saint Paul reminds us in Hebrews: "For we do not have a high priest who is unable to sympathize with our weaknesses, but one who has similarly been tested in every way, yet without sin". Jesus' tears show us that the Holy Trinity knows human pain firsthand. The Incarnate Son allowed Himself to experience sorrow, and the Father and the Holy Spirit shared in this sorrow through Him.

It's important to note that Jesus' sorrow was different from the weeping of Lazarus' sisters and the others present. Jesus' weeping uses the Greek word *edakrysen*, which means "to shed tears" or "weep silently." His tears were personal, controlled, intimate, heartfelt, and full of divine compassion. In contrast, the weeping of the others is described by the Greek word *klaiō*, meaning loud wailing, a typical expression of communal and ritualistic mourning at the time. Jesus' grief was neither ritualistic nor excessive; it was intimate and heartfelt, born from personal sorrow and divine compassion.

We must never forget Jesus' deep compassion, empathy, and sorrow. His human heart feels the same emotions we do—He grieves when we grieve, shares in our pain, and is moved by the hold sin has on us. After feeling these emotions at Lazarus' death, Jesus stood outside the tomb and "cried out in a loud voice, 'Lazarus, come out!'" We can imagine the passion behind His command. In our lives, when we are trapped in sin or burdened by human weakness, we must hear Jesus calling us to freedom with the same divine authority and human passion.

Reflect today on Jesus' humanity and how He perfectly understands everything we experience. His deep empathy for our suffering and His joy when we rise with His grace show us how intimately He knows us. God became one of us in every way, sharing in our human condition—though without sin—so that we might share in His divinity. Ponder His humanity and let His closeness draw you to Him, giving you a share in His divine life.

Most compassionate Lord, You experienced human nature in its fullness. Though You never sinned, You allowed Yourself to feel the effects of our sin and suffering, filling them with Your divine compassion. Help me to always remember Your humanity, knowing that through it, I come to share in Your divinity. Jesus, I trust in You.

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DONATIONS WELCOME

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<i>Thank you for using this option</i>	Reference: "Your Name"	Reference: "Your Name"

PARISH CALENDAR

March

- 20 Mar** Intro to Lenten Retreat
6:30pm @ at SHC
- 21 Mar** Lenten Retreat
2:30pm at OLM
Adoration & Reconciliation
5:00pm at OLM
- 22 Mar** 5th Sunday of Lent
Feast of the Chair of St Peter
- 25 Mar** The Annunciation of the Lord
- 29 Mar** Palm Sunday
9:00am Mass at SHC
11:00am Mass at OLM
- 30 Mar** Chrism Mass (Consecration of Holy Oils)
6:00pm at St Francis Xaviour Cathedral



May God grant them peace, comfort and strength in their time of suffering

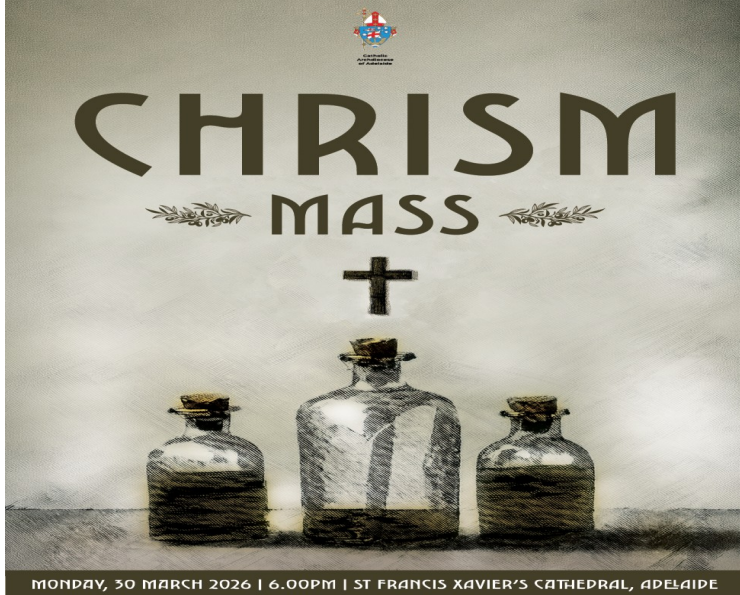
We pray for all the sick in our community that God will grant them courage, healing and strength. We especially pray for healing for our parishioners **Michelle Dench, PA Merchant, L Parker, Rosalinda Alonzo and Jane Saliba**
If you would like prayers or to add a name to our sick list, please contact the parish office. Thank you.



PARISH MEETINGS

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- Community Connect (Fundraising) Meeting**
Thursday, 16th April @ 6:00pm at OLM
 - Parish Finance Council Meeting**
Wednesday, 22nd April @ 7:00pm at OLM
 - Parish Pastoral Council Meeting**
Tuesday, 5th May @ 6.30pm at St Joseph School
 - Liturgy Meeting**
TBA @ 6:30pm at OLM
 - APRIM Meeting**
Tuesday, 2nd June @ 1:00pm at Parish Office

ARCHDIOCESE NEWS



Good Friday Night Walk

Young people and families are warmly invited to join an evening pilgrimage walk through the heart of the city. As we journey together into the stillness of the night, we will pause to reflect on the significance of this sacred day and create space for hope, even in moments of darkness.

Date: Friday 3 April 2026

Time: 7:30pm start until late (approx. 11:30pm)

Location: Beginning at Mary MacKillop Plaza (next to St Francis Xavier Cathedral) and concluding at St Francis Xavier Cathedral

Walking Distance: Approximately 6–6.5km

What to Expect: Three moments of contemporary prayer, reflection, and worship—at the beginning, midpoint, and end of the pilgrimage.

Free Registration: <https://www.trybooking.com/DIYHL>

Hosted by the **Catholic Office for Youth and Young Adults (COYYA)**.

Don't Forget!

Daylight Saving ends
Sunday, 5th April.

Wind your Clocks **back** 1 hour



Lent

The season of being sorry for sin, asking forgiveness and helping others.

lend / lent

The act of giving assistance or support to helping others.

WEEK
5

Dear God,
This week I...

LEND
for
LENT

Love,

Examples

- Make a special card for someone who is sad or sick.
- By yourself, or with family members, write a "Thank you Jesus, for Loving Me" prayer. Read it each day from now until Easter.
- Plant some seeds in a cup or planter, giving it water & sun daily. In a few days, you too will witness the miracle of new life. Your new sprouts should be ready by Easter to give as a loving gift.

L
E
N
T

In the past weeks of Lent we have seen a lending of physical, emotional, spiritual and healing support. With the rising of Lazarus, Jesus' friends experiences all of these comforts, and many people became believers.

Lent is nearing the end. Using these remaining two weeks of Lent, think about how much Jesus loves us, and pass this love on to others. Lend your talents to an activity that will comfort someone. Write your lend/lent action on the cross. Color in the cross.



Sacramental Presentation Mass

We welcome all children who will celebrate the Sacraments of

First Holy Communion & Confirmation

The Sacraments will be celebrated beginning August 1st

Nazareth Students will be presented at
Our Lady of the Manger Church Findon



Saturday, 21st March at 6pm and
Sunday, 22nd March at 11am



Easter Vigil - Saturday, 4th April

We welcome into our faith Community

Jessica D'Angelica

During our Easter Vigil Mass at OLM Jessica will be Washed in the Waters of Baptism, Sealed with the Holy Spirit in Confirmation, Nourished by the Bread of the Eucharist and welcomed into the community.

Please keep Jessica in your prayers.



LENTEN RETREAT

6:30pm Fri 20 Mar

Stations of the Cross
Intro to the retreat
Sacred Heart Church,
252 Port Road, Hindmarsh



Booking form:

2:30pm Sat 21 Mar

Retreat led by a Preca Member,
5pm Adoration and Sacrament of
Reconciliation
6pm Vigil mass
Our Lady of the Manger Church
176 Crittenden Road, Findon



Vinnies Easter Raffle

Tickets are 3 for \$5



from each Mass Centre leading up to Easter. Monies raised will help us to continue working with our community to provide fresh vegetables and meat which will supplement the donations of non perishable items donated at Christmas time from under the Christmas tree and from our schools

We thank you for supporting Vinnies.



Lent Week Five

Fifth Sunday

LIGHT: 8 Tealights + Christ Candle

PRAY: Gracious God, have mercy on us when we follow paths that do not lead to life. Forgive us when we choose the way of bitterness, indifference, violence, or death. Have mercy on our troubled souls, and turn them around for the sake of Your creation Amen



EXTINGUISH: 6 Tealights

READ: John 8: 1-11

REFLECT: Now my soul is troubled. And what should I say, "God save me from this hour?" No, it is for this reason that I have come to this hour!

BLESS: May God bless you and keep you! May the radiant face of God shine upon you as you seek out and find what God is calling you to in this hour. Amen

"...Then neither do I condemn you, go now and leave your life of sin." John 8:11



Activity

From the east and from the west, from the north and from the south, food is at the center of community in many cultures - and therefore a great way to introduce your family to customs and traditions different from your own.

This week, try three new dishes from a variety of cultures, and open your family's hearts and palates to the beauty of God's diversity.



Practice

As we journey towards the Easter season, we are offered the opportunity to renew our baptism.



Place a little bowl of water by the front or back door this week, and every time you enter and exit, dip your finger in the water and sprinkle some on your face, or draw a little heart on your forehead. Remember that you are blessed: "You are God's beloved!"

Conversation Starters

- What's your earliest memory of becoming aware of bullying?
- Talk about a time when you or someone else said or did something unkind or with judgement. Did you interrupt it? Did you speak up? Why or why not?
- How can you practice forgiveness in your life?



PALM SUNDAY MASS TIMES

Saturday, 28th March
6pm Our Lady of the Manger Church

Sunday, 29th March
9am Sacred Heart Church
11am Our Lady of the Manger Church

PALM SUNDAY

ITALIAN MASS
29TH MARCH AT 11AM
SACRED HEART CHURCH

PARISH INFORMATION

Lent, Holy Week & Easter 2026

Stations of the Cross & Mass **Wednesdays** 6.00pm OLM, Findon
Stations of the Cross & Mass **Fridays** 6.30pm SACRED HEART Hindmarsh

Friday 20th March Stations of the Cross followed by
Introduction to Lenten Retreat – Day 1
 6:30pm Hindmarsh

Saturday 21st March **Lenten Retreat – Day 2**
 2:30pm Findon
Adoration & Reconciliation
 5:00pm Findon
6:00pm Vigil Mass



Palm Sunday *Masses begin with Blessing of the Palms*

Saturday March 28th 6:00 pm Findon (Vigil Mass)

Sunday March 29th **Palm Sunday**
 9:00 am Hindmarsh
 11:00 am Findon



Monday March 30th **Chrism Mass ~ Consecration of Holy Oils**
 6:00 pm St Francis Xavier Cathedral ~ All welcome

Holy Thursday April 2nd **Holy Thursday - Mass of the Lord's Supper**
 7:00 pm at OLM - Findon
Please note:
 Collection of non-perishable food items for St Vincent de Paul



Good Friday April 3rd **Stations of the Cross**
 10:00 am Hindmarsh
 11:00 am Findon (to be led by the youth)



Good Friday – Veneration of the Cross & The Passion of The Lord
 3.00 pm SHC-Hindmarsh



Holy Saturday April 4th **Easter Vigil**
 7.00 pm OLM Findon



Easter Sunday April 5th **Easter Sunday**
 9.00 am Hindmarsh
 11.00 am Findon

*Individual Reconciliation by appointment with Fr Santhosh or Fr Rajashekhar
 (Ph: 08 8346 3901 or 0428 813 682)*

PARISH OFFICE

PHONE - 08 8346 3901
 MOBILE - 0428 813 682
 EMAIL - shparish@shphf.com.au


Office Hours: Tuesday - Friday 10:00am–2:00pm
 252 Port Road, Hindmarsh SA 5007

Parish Priest: Father Santhosh Nazareth CSC
Assistant Priest: Father Rajashekhar Gundiga CSC

Please Note: If the office is unattended, please leave a message and we will return your call ASAP
 Mailing address: PO Box 34, Welland 5007

Website: www.sacredheartparishhindmarsh.com.au
Facebook: www.facebook.com/sacredhearhindmarshparish

Carpark Fundraising at Sacred Heart Church

 Soccer Matches at Cooper's Stadium is starting again - if you would like to volunteer and be added to the **Carpark WhatsApp Group** please let Sandra know on 0402 894 613. If you can help **please arrive about an hour before games begin.** Thank you!

April	Events are at:	Coopers STADIUM
Fri 3	4:20pm	(Mens) Adelaide United v Auckland
	7:05pm	(Womens) Adelaide United v Wellington Phoenix
Sun 19	3:00pm	Adelaide United v Macarthur
November		
Tue 17	7:00pm	Foo Fighters Concert