



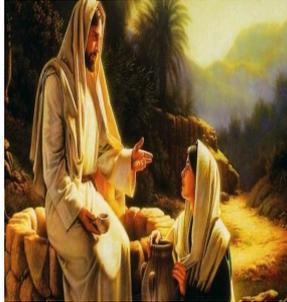
# WELCOME TO SACRED HEART PARISH HINDMARSH-FINDON

IN THE CHARISM OF THE HEART OF CHRIST  
'May the Sacred Heart of Jesus be everywhere'



Sacred Heart Church 252 Port Rd, Hindmarsh  
Our Lady of the Manger 176 Crittenden Rd, Findon

08 March 2026



Year A

*3rd Sunday  
of Lent*

**Responsorial Psalm**

*If today you hear his voice, harden not your hearts.*

**Gospel Acclamation**

*Glory to you,  
Word of God,  
Lord Jesus Christ!*

*Lord, you are truly the Saviour of the world; give me living water, that I may never thirst again.*

*Glory to you,  
Word of God,  
Lord Jesus Christ!*

**Today's Readings**

**Ex 17:3-7**

**Ps 94:1-2, 6-9**

**Rom 5:1-2, 5-8**

**Jn 4:5-42**

## MASS INTENTIONS

**6:00pm Saturday Vigil OLM**

Parish

**9:00am SHC**

Parish

**11:00am OLM**

Parish

**GIVE EASILY TO 1ST, 2ND AND SPECIAL COLLECTIONS**

SCAN QR CODE WITH CAMERA



Adelaide.GoodGiving.com.au

## PARISH VISION STATEMENT

*As a people who believe and trust in the love of God for us, revealed in the heart of Jesus, we live out this love in a welcoming and inclusive community that provides life-giving support and service to all people.*

## YOU ARE WELCOME TO JOIN US FOR MASS

- ◇ **Tuesday 10 Mar 12:15 pm** Mass at Sacred Heart Church (SHC) Hindmarsh
- ◇ **Wednesday 11 Mar 6:00 pm** **Stations of the Cross** followed by **Candlelight Mass** at Our Lady of the Manger Church
- ◇ **Friday 13 Mar 9:15 am** Mass at Our Lady of the Manger Church (OLM) Findon
- ◇ **6:30 pm** **Stations of the Cross** at Sacred Heart Church (SHC) Hindmarsh
- ◇ **Saturday 14 Mar 6:00 pm** Vigil Mass at Our Lady of the Manger Church (OLM) Findon
- ◇ **Sunday 15 Mar 9:00 am** Mass at Sacred Heart Church (SHC) Hindmarsh
- ◇ **Sunday 15 Mar 11:00 am** Mass at Our Lady of the Manger Church (OLM) Findon

## GOSPEL REFLECTION

### *Facing the Horror of My Sins*

*Jesus said to her, "Go call your husband and come back." The woman answered and said to him, "I do not have a husband." Jesus answered her, "You are right in saying, 'I do not have a husband.' For you have had five husbands, and the one you have now is not your husband. What you have said is true."*

Today, we are given the beautiful story of Jesus' encounter with the Samaritan woman at Jacob's Well. The story begins with Jesus resting by the well, for He was "tired from his journey." A Samaritan woman approaches the well at noon, during the heat of the day, most likely to avoid the scorn of the other women who looked down on her. Jesus then does something that greatly surprises her: He asks her for a drink of water.

Jews used nothing in common with Samaritans, yet Jesus was willing to drink from her utensil. When she questioned Him about this, Jesus responded, "If you knew the gift of God and who is saying to you, 'Give me a drink,' you would have asked him and he would have given you living water."

The "living water" Jesus desired to give her was the spiritual gift of grace to renew and refresh her soul. His divine eyes enabled Him to see her spiritual hunger, and His compassion filled Him with a desire to free her from her many burdens.

The passage above might sound harsh at first: "For you have had five husbands..." Why would Jesus bring up this woman's humiliating situation? Because she had clearly been searching for fulfillment throughout her life, engaging in one failed marriage after another. Now, she was living with a man who was not her husband, a reality that left her dry and thirsty.

By speaking this way to the woman, Jesus lets her know that He knows all about her, loves her, and longs to fill her with the satiation she has been searching for throughout her life. He does not judge or condemn her; He invites her to experience the freedom He longed to bestow upon her. After the encounter, the woman left the well overjoyed and even left her water jar behind, symbolizing that she was no longer thirsty—spiritually speaking. She then confidently went to the people of the town and said, "Come see a man who told me everything I have done. Could he possibly be the Christ?"

Each of us needs to see ourselves in this woman. Our sins fill us with shame. The guilt of our hidden sins weighs us down, leaving us thirsty. If we can identify with this sinful woman, then we can also expect the same depth of compassion from Jesus. Too often, we hide our sins, even from ourselves, justifying our actions, downplaying them, or ignoring them. That is not the path to freedom. Freedom only comes by allowing our Lord to reveal our sins to us, facing them, and encountering God's abundant mercy.

Reflect today on the importance of opening your eyes to see the reality of your sins. Don't run from your past—confront it, understand it, confess it, and receive the living water of mercy. The holier you become, the more clearly you will see even the smallest sins you have committed. That is good. It is necessary if we want to be healed and refreshed by God. Imitate this sinful woman today. God is never ashamed of us. Let the shame and guilt dissipate within God's abundant mercy so that like this woman, you will know that God knows you through and through and loves you despite your sin.

*My Lord and Source of Living Water, my soul is often dry and empty. I long for satiation and fulfillment. Please forgive me for trying to fulfill my soul through sin. I repent of my sins and ask You to reveal to me the full depth of those sins. As You do, please give me the grace I need to repent with all my heart so that I can be filled with Your abundant mercy. Jesus, I trust in You.*

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## DONATIONS WELCOME

	First Collection	Second Collection
<b>Account Name</b> BSB—Account Number	<b>Diocesan Presbytery</b> 066 782 - 100 031 471	<b>Sacred Heart Parish Hindmarsh-Findon</b> 066 782 - 100 000 081
<i>Thank you for using this option</i>	Reference: "Your Name"	Reference: "Your Name"

# PARISH CALENDAR

## March

- 08 Mar 3rd Sunday of Lent
- 15 Mar 4th Sunday of Lent
- 17 Mar St Patrick
- 19 Mar St Joseph
- 20 Mar Intro to Lenten Retreat  
6:30pm @ at SHC
- 21 Mar Lenten Retreat  
2:30pm at OLM  
Adoration & Reconciliation  
5:00pm at OLM
- 22 Mar 5th Sunday of Lent  
Feast of the Chair of St Peter
- 25 Mar The Annunciation of the Lord
- 29 Mar Palm Sunday  
9:00am Mass at SHC  
11:00am Mass at OLM
- 30 Mar Chrism Mass (Consecration of Holy Oils)  
6:00pm at St Francis Xavier Cathedral



# PARISH MEETINGS



## Altar Servers Meeting

Sunday, 15th March @ 12:15pm at OLM

## Liturgy Meeting

Tuesday, 17th March @ 6:30pm at OLM

## Parish Finance Council Meeting

Wednesday, 22nd April @ 7:00pm at OLM

## Parish Pastoral Council Meeting

Tuesday, 5th May @ 6.30pm at St Joseph School, Hindmarsh

## Community Connect (Fundraising) Meeting

TBA @ 6:00pm at OLM

## APRIM Meeting

TBA @ 6:30pm

## Altar Servers Meeting

Sunday, 15th March  
12.15pm at Our Lady of the Manger, Findon

Please rsvp to Father Raja and bring a plate to share  
as we gather together



## GOOD FRIDAY HOLY LAND COLLECTION

Offer hope by supporting the Sacred Places and Christians of the Holy Land



Donations can be made to:  
Commissary of the Holy Land, 47 Victoria Street, Waverley NSW 2024  
T: (02) 9369 9300 | E: holyland@franciscans.org.au



www.franciscans.org.au/holy-land-commissariat/

**May God grant them peace, comfort and strength in their time of suffering**

We pray for all the sick in our community that God will grant them courage, healing and strength.  
We especially pray for healing for our parishioners  
**Michelle Dench, PA Merchant, L Parker, Rosalinda Alonzo and Jane Saliba**  
*If you would like prayers or to add a name to our sick list, please contact the parish office. Thank you.*



## Carpark Fundraising at Sacred Heart Church

Soccer Matches at Cooper's Stadium is starting again - if you would like to volunteer and be added to the **Carpark WhatsApp Group** please let Sandra know on 0402 894 613. If you can help **please arrive about an hour before games begin.** Thank you!

## March

Events are at:



Fri 6	7:05pm	Adelaide United v Wellington Phoenix
Fri 13	6:30pm	Adelaide United v Perth Glory
<b>April</b>		
Fri 3	4:20pm	(Mens) Adelaide United v Auckland
	7:05pm	(Womens) Adelaide United v Wellington Phoenix
Sun 19	3:00pm	Adelaide United v Macarthur
<b>November</b>		
Tue 17	7:00pm	Foo Fighters Concert

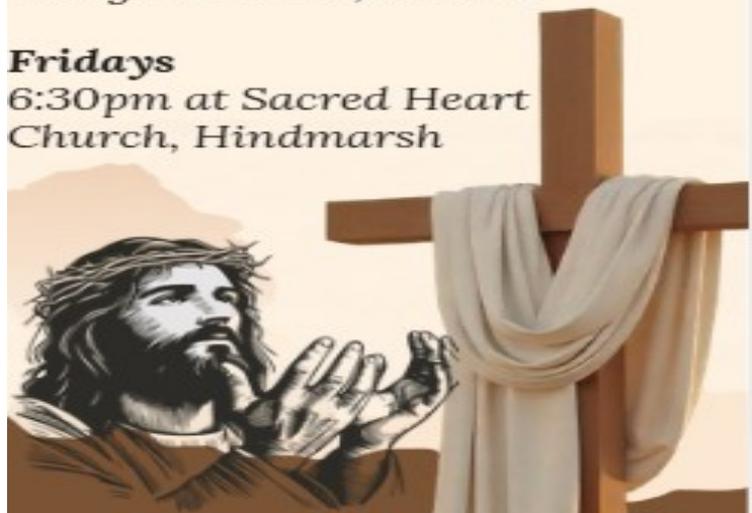
# Stations of the cross

## Wednesdays

6:00pm at Our Lady of the Manger Church, Findon

## Fridays

6:30pm at Sacred Heart Church, Hindmarsh



## BAPTISM



We welcome into our faith Community  
**Isaac Ward**

who will celebrate the Sacrament of Baptism at OLM this week within our Sacred Heart Hindmarsh—Findon Parish

Please keep the family in your prayers.

# PARISH NEWS

*Sacred Heart Parish welcomes you to...*



Sacred Heart  
Catholic Parish  
Hindmarsh - Findon

## LENTEN RETREAT

**6:30pm Fri 20 Mar**

Stations of the Cross  
Intro to the retreat  
Sacred Heart Church,  
252 Port Road, Hindmarsh



Booking form:

**2:30pm Sat 21 Mar**

Retreat led by a Preca Member,  
**5pm** Adoration and Sacrament of  
Reconciliation  
**6pm** Vigil mass  
Our Lady of the Manger Church  
176 Crittenden Road, Findon



### RCIA

We welcome into our faith Community

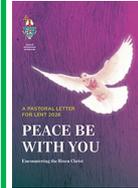
**Jessica D'Angelica**

1st Scrutiny - 8th March @ 9am at SHC  
2nd Scrutiny - 15th March @ 9am at SHC  
3rd Scrutiny - 22nd March @ 9am at SHC

During our Easter Vigil Mass at OLM Jessica will be Washed in the Waters of Baptism, Sealed with the Holy Spirit in Confirmation, Nourished by the Bread of the Eucharist and welcomed into the community.

*Please keep Jessica in your prayers.*

### The Pastoral Letter for Lent 2026



The **Vinnies Easter Raffle** is on again!

Tickets are 3 for \$5



from each Mass Centre leading up to Easter

Monies raised will help us to continue working with our community to provide fresh vegetables and meat which will supplement the donations of non perishable items donated at Christmas time from under the Christmas tree and from our schools

We thank you for supporting Vinnies.



**Can you spare half an hour?**  
Afternoon Mass  
Every Tuesday at 12:15pm at SHC

Please come along and pray with us every Tuesday at 12:15pm at Sacred Heart Church for a lunch time Mass. All welcome!



**Preca COMMUNITY** **centacare**  
Catholic Community Services

**Marriage & Relationship Education**

A 40-minute talk by local experts:  
Clare Bowyer and Adriana Loro  
to deepen your connection and understanding of the sacrament of marriage.

**7:45pm Fri 20 Mar**  
Nazareth Catholic College,  
1 Hartley Road, Flinders Pat




## THANK YOU!

We thank Marni Curtis for her contribution to the parish as PPC Chair during her time.

We welcome our new members Reena Aftab as PPC Chair and Ivey Ben as the new PPC Secretary.



The March issue of *The Southern Cross* now available for \$2. Please take home a copy today.

# PARISH INFORMATION

## Lent, Holy Week & Easter 2026

Stations of the Cross & Mass      Wednesdays      6.00pm OLM, Findon  
Stations of the Cross & Mass      Fridays      6.30pm SACRED HEART Hindmarsh

Friday 20<sup>th</sup> March      Stations of the Cross followed by  
**Introduction to Lenten Retreat – Day 1**  
6:30pm      Hindmarsh

Saturday 21<sup>st</sup> March      **Lenten Retreat – Day 2**  
2:30pm      Findon  
**Adoration & Reconciliation**  
5:00pm      Findon  
**6:00pm Vigil Mass**



Palm Sunday      *Masses begin with Blessing of the Palms*

Saturday March 28<sup>th</sup>      6:00 pm      Findon (Vigil Mass)

Sunday March 29<sup>th</sup>      **Palm Sunday**  
9:00 am      Hindmarsh  
11:00 am      Findon



Monday March 30<sup>th</sup>      **Chrim Mass ~ Consecration of Holy Oils**  
6:00 pm      St Francis Xavier Cathedral ~ All welcome

Holy Thursday April 2<sup>nd</sup>      **Holy Thursday - Mass of the Lord's Supper**  
7:00 pm      at OLM - Findon  
**Please note:**  
Collection of non-perishable food items for St Vincent de Paul



Good Friday April 3<sup>rd</sup>      **Stations of the Cross**  
10:00 am      Hindmarsh  
11:00 am      Findon (to be led by the youth)



**Good Friday – Veneration of the Cross & The Passion of The Lord**  
3.00 pm      SHC-Hindmarsh

Holy Saturday April 4<sup>th</sup>      **Easter Vigil**  
7.00 pm      OLM Findon



Easter Sunday April 5<sup>th</sup>      **Easter Sunday**  
9.00 am      Hindmarsh  
11.00 am      Findon

*Individual Reconciliation by appointment with Fr Santhosh or Fr Rajashekhar*  
(Ph: 08 8346 3901 or 0428 813 682)

## PARISH OFFICE

PHONE - 08 8346 3901  
MOBILE - 0428 813 682  
EMAIL - [shparish@shphf.com.au](mailto:shparish@shphf.com.au)

Office Hours: Tuesday - Friday 10:00am–2:00pm  
252 Port Road, Hindmarsh SA 5007

**Parish Priest:** Father Santhosh Nazareth CSC  
**Assistant Priest:** Father Rajashekhar Gundiga CSC

**Please Note:** If the office is unattended, please leave a message and we will return your call ASAP  
Mailing address: PO Box 34, Welland 5007

**Website:** [www.sacredheartparishhindmarsh.com.au](http://www.sacredheartparishhindmarsh.com.au)  
**Facebook:** [www.facebook.com/sacredhearhindmarshparish](http://www.facebook.com/sacredhearhindmarshparish)

Please remember we are always **Collecting Bottles & Cans** for our Parish fundraising.

**Tuong** has kindly volunteered to collect these from your home.

Please save your bottles and cans!  
Your help is appreciated. Thank you!



### **Don't Forget!**

Daylight Saving ends  
Sunday, 5th April.

Wind your Clocks **back** 1 hour