



# WELCOME TO SACRED HEART PARISH HINDMARSH-FINDON

Website: [www.sacredheartparishhindmarsh.com.au](http://www.sacredheartparishhindmarsh.com.au)  
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Sacred Heart Church Our Lady of the Manger  
252 Port Rd Hindmarsh 176 Crittenden Rd Findon

IN THE CHARISM OF THE HEART OF CHRIST

'May the Sacred Heart of Jesus be everywhere loved'

**08 September 2024**



**Year B**

*23rd Sunday  
in  
Ordinary Time*

**Responsorial Psalm**

*Praise the Lord,  
my Soul!*

**Gospel Acclamation**

*Alleluia, alleluia!  
Jesus preached the  
Good News of the  
kingdom and healed  
all who were sick.*

*Alleluia!*

**Today's Readings**

**Is 35:4-7**

**Ps 145:7-10**

**James 2:1-5**

**Mk 7:31-37**

**Mass Intentions**

**6.00pm Saturday Vigil OLM  
Parish**

**9.00am SHC**

Angelo Zardo

Jose Baptista Mata

Maria Amelia Pereira

De Nobrega

Joao Pereira De Nobrega

Manuel Frietas

**11.00am OLM**

Bill Leesue

Juan Vera Cruz

Lucio Ochia

## PARISH VISION STATEMENT

*As a people who believe and trust in the love of God for us, revealed in the heart of Jesus, we live out this love in a welcoming and inclusive community that provides life-giving support and service to all people.*

## YOU ARE WELCOME TO JOIN US FOR MASS

- ◇ **Tuesday 10 Sep 12:15 pm** Mass at Sacred Heart Church (SHC) Hindmarsh
- ◇ **Wednesday 11 Sep 6:00 pm** Adoration and Candlelight Mass at Our Lady of the Manger Church (OLM) Findon
- ◇ **Friday 13 Sep 9:15 am** Mass at Our Lady of the Manger Church (OLM) Findon
- ◇ **Saturday 14 Sep 6:00 pm** Vigil Mass at Our Lady of the Manger Church (OLM) Findon
- ◇ **Sunday 15 Sep 9:00 am** Mass at Sacred Heart Church (SHC) Hindmarsh
- ◇ **Sunday 15 Sep 11:00am** Mass at Our Lady of the Manger Church (OLM) Findon

## Humble Instruments of Grace

**He put his finger into the man's ears and, spitting, touched his tongue; then he looked up to heaven and groaned, and said to him, "Ephphatha!"—that is, "Be opened!"—And immediately the man's ears were opened, his speech impediment was removed, and he spoke plainly. Mark 7:33-35**

One interesting point in this story is that the people who brought this deaf and mute man to Jesus begged Him to "lay his hand on him" so as to heal him. But what did Jesus do? Instead, He took the man away from the crowd, put His divine finger into the man's ears, touched the man's tongue with His own sacred saliva and the man was cured. At first, the act of putting your finger into someone else's ear and touching their tongue with your own saliva may seem repulsive. Normally it would be. To understand these two actions, we must understand the symbolism.

The image of a finger is used a number of times in the Scriptures to refer to God's power. In the Book of Exodus after the plague of the gnats, Pharaoh's magicians said that this was clearly done "by the finger of God" (Exodus 8:19). On the mountain when Moses received the Ten Commandments we know that it was also God's finger that wrote them (Exodus 31:18). In the book of Daniel, a finger appeared and wrote a prophetic message on a wall (Daniel 5:5). In the New Testament, Jesus cast out a demon "by the finger of God" (Luke 11:20) and in today's Gospel He healed this man's hearing with His finger. The "finger of God" is understood as the power of God and an action of the Holy Spirit. Thus, by using His sacred finger to heal, Jesus was symbolically revealing that He fully exercised the power of God and acted in perfect union with the Holy Spirit and the Father.

The image of saliva is also interesting. Perhaps you have noticed that when an animal has a wound it often licks that wound. This is a natural instinct but also one that makes sense. Saliva has a certain medicinal power of healing. It contains antibacterial agents. Therefore, since normal saliva can help heal a wound, Jesus's saliva is able to heal in a supernatural way. Recall, also, that Jesus healed a blind man by spitting on the ground and then smearing the mud on his eyes (John 9:6).

Did Jesus need to use His finger and His saliva to heal this man? Certainly not. He could have done it with a mere thought. But He chose to use His body as an instrument of His healing power. Doing so reveals to us that Jesus' humanity became the source of unity between God and man. Even His finger and His saliva unite us to God. Everything about the Son of God in His human form dispensed grace, healing and mercy. Even that which may, at first, seem most repulsive.

Though there is much we can take from this passage, one thing that should not be missed is that if Jesus chose to use His finger and even his saliva to dispense His power, so, also, He desires to continue using the members of His Body to distribute His grace. By Baptism, you are a member of Christ's Body, the Church. You are His hands and feet, His eyes and voice, His heart and finger, and even His saliva. That last thought is very humbling. But if Jesus can use His saliva for healing, He can use you. If we can humbly understand that, then we will be better disposed to become an instrument of His divine mercy to those who need it. God is able to use us NOT because we are worthy of being used. Rather, He can use us because He has chosen to do so, even in our most humble state.

Reflect, today, upon the image of Jesus healing this deaf and mute man. If you ever feel as though God cannot use you, call to mind the way in which our Lord worked this miracle. If God can use His finger and His saliva, He certainly can use you, no matter how unworthy or sinful you may be. This miracle shows us that God can use all things for His glory for the simple reason that He is God. Humble yourself and offer yourself to God to use you as He wills. Doing so will give God the opportunity to manifest His almighty power through you.

*My healing Lord, when You took on human form, You united divinity with humanity. Through Your sacred humanity, You poured forth Your grace and mercy and continue to do so today. Please use me, dear Lord, as an instrument of Your grace. May I always humbly see myself as Your unworthy instrument, whom You choose to use despite my unworthiness. Jesus, I trust in You.*

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**PARISH OFFICE | PHONE 08 8346 3901**

Office Hours: Tuesday, Wednesday, Thursday and Friday | 10:00am—2:00pm

**Please Note:** If the office is unattended, please leave a message and we will return your call ASAP

29 Grange Rd., West Hindmarsh | Mailing address: PO Box 34, Welland 5007

E: [shparish@shphf.com.au](mailto:shparish@shphf.com.au) **Parish Priest:** Father Santhosh Nazareth CSC

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## September 2024

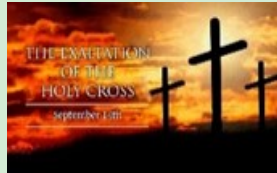
08 Sept Nativity of Mother Mary  
12 Sept The Most Holy Name of Mary  
14 Sept **The Exaltation of the Holy Cross**  
15 Sept **Our Lady of Seven Sorrows**  
23 Sept Saint Padre Pio  
27 Sept **Saint Vincent de Paul**  
29 Sept 26th Sunday in Ordinary Time  
29 Sept **Sts. Michael & Gabriel - Archangels**

## October 2024

02 Oct The Holy Guardian Angels  
06 Oct Daylight Savings Starts  
07 Oct **Our Lady of the Rosary**  
13 Oct 28th Sunday in Ordinary Time  
18 Oct **Feast of St Luke**  
19 Oct St Paul of the Cross, Priest  
28 Oct St Simon and St Jude

## November 2024

01 Nov **All Saints Day**  
02 Nov **All Souls Day**  
09 Nov The Dedication of the Lateran Basilica in Rome



## SAFEGUARDING SUNDAY - 15TH SEPTEMBER

Safeguarding Sunday is approaching and within our Parish our Child Safe Contacts are:

SACRED HEART CHURCH, HINDMARSH

Reena Aftab - renadeem@hotmail.com



OUR LADY OF THE MANGER, FINDON

Jessica Castelino

jessann2806@gmail.com

Andrea Noronha

andrea\_noronha@hotmail.com



Safeguarding Sunday forms part of National Child Protection Week, a national initiative to engage members of the community in supporting families and protecting children. The National Child Protection Week overarching theme is **Every child, in every community, needs a fair go. This message captures the essence of National Child Protection Week which aims to promote a safe and supported life for every child, now and into the future.**

Safeguarding Sunday provides us with an opportunity to celebrate the presence of children and young people in our Archdiocese and parishes, as we continue to encourage our community to be a safe environment for all. Children who come to mass on Safeguarding Sunday will be invited to participate in a colouring in competition emphasising this year's National Child Protection Week sub theme: **"Every Conversation Matters"**. Conversations are powerful tools to keep children and young people safe and well.

Sacred Heart Parish Hindmarsh - Findon and the Catholic Archdiocese of Adelaide are committed to the care, wellbeing and protection of children, young people and people at risk in our community. Mindful of the theme for National Child Protection Week, may we work to build and support safe communities for all people.

You can find out more about the Church's work in this area at: <https://www.catholic.au/s/article/Safeguarding-Sunday-2024>



Child Protection Unit  
Safeguarding Children and Young People



### Centenary Meeting for SHC

Tuesday, 10th September @ 6.30pm at SHC Hall

### Vinnies Meeting

Tuesday, 1st October @ 7pm

### Fundraising Committee Meeting

Thursday, 19th September @ 6.30pm at OLM

### Finance Council Meeting

Wednesday, 9th October @ 7pm at OLM

### Liturgy Meeting

Tuesday, 24th September @ 6.30pm at OLM

### Parish Pastoral Council Meeting

Tuesday, 17th September @ 6.30pm at IHM

### APRIM Meeting

Tuesday, 24th September @ 10.30am at Parish Office

### Sunday Night Choir – October 6 at 7.15 pm

The Sunday Night Choir returns for another evening of music and singing on Sunday, October 6. This is a new initiative for 2024, sponsored by the Pastoral Services Team of the Adelaide Archdiocese, and is simply an evening to gather, sing, and meet new people. It's okay if this is your first time attending as we are a welcoming bunch.

Bring friends too! There will be songs in three-part harmony, so the ability to read music notation is.

Rehearsals are on the first Sunday of every month, starting at **7.15 pm in the St Francis Xavier Cathedral Hall** (free car parking available).

Visit: [ofw-adelaide.org.au/sundaynightchoir](http://ofw-adelaide.org.au/sundaynightchoir) for more info or contact Lauren Bierer [lbierer@adelaide.catholic.org.au](mailto:lbierer@adelaide.catholic.org.au) / 8210 8107.

### Public Rosary – Praying the Rosary for Peace

First Saturday of every month.

You are invited to join Our Lady on **Saturday 5th October** and pray the Rosary outdoors, together united, to pray for peace in **Mary MacKillop Plaza (adjacent to St Francis Xavier's Cathedral) at 8.40am** after the 8am Mass. All welcome. For more information contact:

Mr Patrick Greenrod – Legion of Mary – 0414 769 635

### Our Lady of Mt Carmel - Divine Mercy Devotion Sunday

**Every first Sunday of the month – Sunday, 6th October from 3pm to 4pm**, Our Lady of Mt Carmel Church, Pennington, Cnr Torrens Road and Pennington Tce. Eucharistic Adoration, Stations of the Cross, Hymns, Divine Mercy Chaplet and Benediction.

Bring your own Rosary Beads. A devotional resource supplied.

Enquiries: Julia Bobic (08) 8268 8116 - Albert Park/Pennington Paris

### Catholic Earthcare Convocation 2024

Join us ONLINE to celebrate the **Season of Creation in 2024** at our [Catholic Earthcare Convocation](http://Catholic Earthcare Convocation)! Thursday September 12 – Saturday September 14 We are called to 'Wonder, Weave and Heal' Earth and the whole of creation. Gather online during Day 1 and 2 to engage in keynote presentations, workshops, discussions and spiritual experiences.

Day 3 of the convocation has us gathering together in our diocese to transform our learnings into action. For more information visit: [catholicearthcare@caritas.org.au](mailto:catholicearthcare@caritas.org.au)



# Centennial Event Migrant and Refugee (multicultural day) Sunday, 29<sup>th</sup> September

All are invited to a gathering for **Mass at 9.00am at SHC** and **11.00am at OLM** followed by a **Morning Tea**.

**Traditional Costumes can be worn and please bring a plate of Traditional Food to share.**

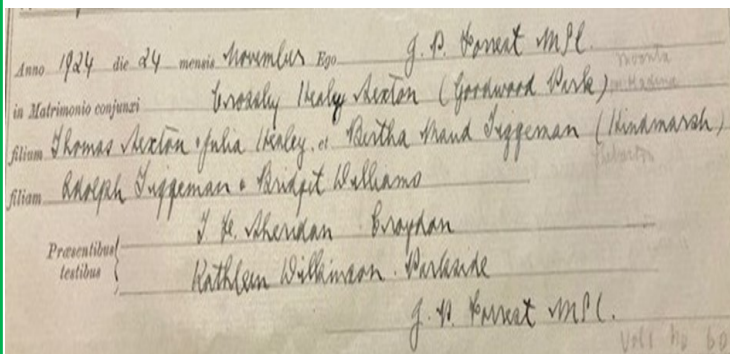
**Prayers and Hymns from different cultural groups to be shared**

## PARISH HISTORY - WEDDINGS

This weekend we are acknowledging the many Weddings that have been celebrated in our Sacred Heart Church over the past 100 years. In many families two or three generations have been married in this Church.

Our Church, then known as St Saviour's, was blessed and opened on November 9<sup>th</sup> 2024, ten years after the MSC priests were given the responsibility of the Parish. Recently the Parish Office was contacted by Doreen who thought that her parents were the first married in the 'new' Church in 1924.

On investigating further in the parish Marriage Register, the following was found:



**Year:** 1924, 24 November **Officiated by** Fr J P Forrest MSC **Crossley Healy Sexton** (from Goodwood Park), son of Thomas Sexton and Julia Healey married

**Bertha Maud Tiggeman** (Hindmarsh), daughter of Adolph Tiggeman and Bridget Williams

**Witnesses:** T Sheridan (Croydon) and Kathleen Wilkinson (Parkside)

**Signature:** Fr J P Forrest MSC (Officiating Priest)

[Fr Forrest was Parish Priest 1921 – 1926]

From the records Bertha was possibly the first parishioner married in the new St Saviour's Church!

Doreen herself was married in our Sacred Heart Church in 1950 and hopes to join us for our November celebration.

We give thanks to God for the many who have celebrated their marriage in the Sacred Heart Church and have left their mark on our community.

## The Nativity of the Blessed Virgin Mary 8th September



The Catholic Church celebrates today the birth of the Blessed Virgin Mary on its traditional fixed date of September 8, nine months after the December 8 celebration of her Immaculate Conception as the child of Saints Joachim and Anne.

Joachim and Anne began to devote themselves extensively and rigorously to prayer and fasting, initially wondering whether their inability to conceive a child might signify God's displeasure with them.

As it turned out, however, the couple were to be blessed, as an angel revealed to Anne when he appeared to her and prophesied that all generations would honor their future child: "The Lord has heard your prayer, and you shall conceive, and shall bring forth, and your seed shall be spoken of in all the world."

After Mary's birth, Joachim and Anne "made a sanctuary" in the infant girl's room, and "allowed nothing common or unclean" on account of the special holiness of the child. The same writing records that when she was one year old, her father "made a great feast, and invited the priests, and the scribes, and the elders, and all the people of Israel." "Joachim brought the child to the priests," the account continues, "and they blessed her, saying: 'O God of our fathers, bless this child, and give her an everlasting name to be named in all generations' .

He brought her to the chief priests, and they blessed her, saying: 'O God most high, look upon this child, and bless her with the utmost blessing, which shall be for ever.'

Mary's parents, along with the temple priests, subsequently decided that she would be offered to God as a consecrated virgin for the rest of her life, and enter a chaste marriage with the carpenter Joseph.

Saint Augustine described the birth of the Blessed Virgin Mary as an event of cosmic and historic significance, and an appropriate prelude to the birth of Jesus Christ. "She is the flower of the field from whom bloomed the precious lily of the valley," he said.



## Father's Day Special

### A Father's Thoughts - by Roshan D'Souza Part 1

Hello Everyone, My Name is Roshan. I've been tasked to speak about the important issue of why all the restaurants in Adelaide are fully booked today. To be honest, I'm not really a fan of these special days. The only day that was ever important to me was Children's day celebrated in India when I was a kid myself. These days, there's a bit of a crowding of all these days and it's not my thing to go on social media and post something honest about my folks. It's not that I demean these special days or these special relationships that we're meant to acknowledge and celebrate. It's just not something I'm much a fan of.

So, If you'd ask me few years ago what a father is supposed to be, I'd probably need support of **chat GPT** to prepare something and Chat GPT didn't exist then. I lost my father few days before my 6<sup>th</sup> birthday. I knew no grief then, didn't know what it meant and the whole funeral process just felt Long! **Realization struck**, of course, but few months, few years later and at different moments in life and each of those realizations only further elaborated the void in our life. The lack of a father. So much so, that I have had multiple versions of the same **dream** where I would find my father somewhere in a retail store or walking on the other side of the road and I would approach him, try to convince him to come back home and tell everyone that he is alive. But he always showed reluctance and never come back, even in those dreams. I didn't even have any strong uncles or male grand parents / father figures around, so the idea of a father was quite limited in my head and whatever I picked up, was from observing my friends' fathers or what they spoke of their fathers. I could, therefore, never involve myself in those **duels** about Fathers – my father is stronger than yours / or taller than the tallest building etc..

**To be continued....**

## Bingo Night!

<b>When:</b> 27th Sept	<b>Where:</b> O.L.M (176 Crittenden Rd. Findon)	<b>Doors Open:</b> 6.30pm
<b>Eyes Down:</b> 7:00pm	<b>ENTRY</b> \$20	
<b>BYO Food, Drinks &amp; Nibbles</b>	<b>Tea/Coffee Provided</b>	<b>Bring your Friends!</b>

Please don't forget to bring some coins for the great games & raffles that will be available on the evening

## BAPTISM

We welcome into our faith Community

**Nash Cook  
Nicolas Iona**

who celebrate the Sacrament of Baptism this weekend within our Sacred Heart Hindmarsh—Findon Parish

Please keep these families in your prayers.



We pray for all the sick in our community that God will grant them courage, healing and strength. We especially pray for healing for our parishioners **Mary Cusack, Franco Antonio Zardo** and **Michelle Dench.**



If you would like prayers or to add a name to our sick list, please contact the parish office. Thank you.

### Carpark Fundraising at Sacred Heart Church



Soccer Matches at Cooper's Stadium is starting again - if you would like to volunteer and be added to the **Carpark WhatsApp Group** please let Sandra know on 0402 894 613. If you can help **please arrive about an hour before games begin.** Thank you!

Events are at: **Coopers STADIUM**

October		
Sat 26	4.30pm	Adelaide United vs Central Coast Mariners
November		
Sat 09	8.00pm	Adelaide United vs Western United
Fri 29	7.05pm	Adelaide United vs Perth Glory
December		
Fri 20	7.05pm	Adelaide United vs Sydney FC
Fri 27	7.05pm	Adelaide United vs Western Sydney Wanderers
January 2025		
Sat 18	7.05pm	Adelaide United vs Melbourne Victory
Wed 22	7.00pm	Adelaide United vs Auckland FC

### SEPTEMBER - SEASON OF CREATION

Second Sunday in the Season of Creation - Humanity Sunday



*love and compassion are necessities, not luxuries  
without them humanity cannot survive*

### September is Catholic Charities Month

We invite you to open your hearts, and wallets, to support the Catholic Charities Appeal - a tradition of compassion that has been part of the Adelaide Archdiocese since 1941. When you donate to Catholic Charities, you are doing more than just giving; you are extending a helping hand to your neighbours in need, right here in South Australia.

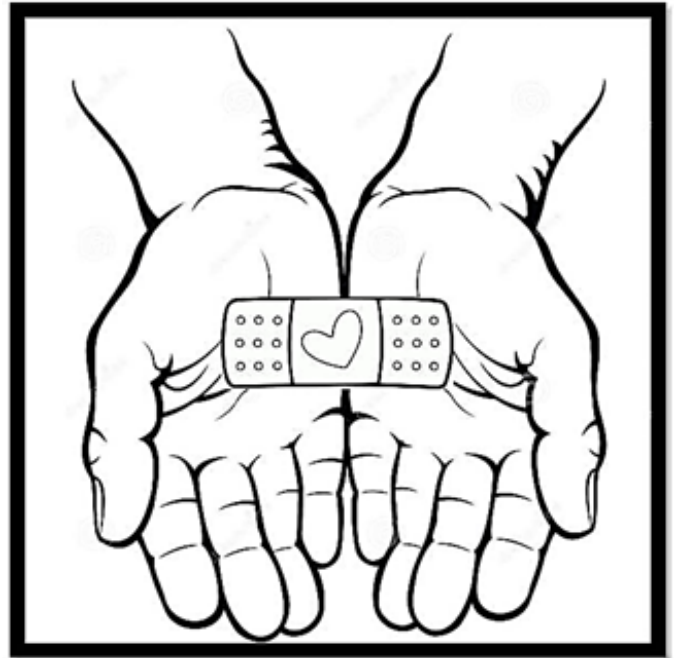
Catholic Charities Appeal supports the following agencies in South Australia: Hutt St Centre, Aboriginal Catholic Ministry, Centacare Catholic Family Services, Our Lady of La Vang and St Patrick's Special Schools.

Donations can be made via the reply paid slip brochure or online at <https://adelaide.goodgiving.com.au/qr/cc> or click the QR code below.



23rd Sunday in Ordinary Time

"Jesus cures a deaf man"



Jesus has the power to heal!

Church of Saint Leo the Great [www.stleothegreat.com/childrens-corner](http://www.stleothegreat.com/childrens-corner)



Lord Jesus, I come before you,  
just as I am,  
I am sorry for my sins,  
I repent all of my sins,  
please forgive me.

In your Name,  
I forgive all others for what they have done against me.  
I renounce Satan, the evil spirits and all their works.

I give you my entire self,  
Lord Jesus, now and forever.

I invite you into my life, Jesus.  
I accept you as my Lord, God and Savior.  
Heal me, change me, strengthen me in body,  
soul, and spirit.

Come Lord Jesus, cover me with your Precious Blood,  
and fill me with your Holy Spirit.

I love you Lord Jesus.

I praise you Jesus.

I thank you Jesus.

I shall follow you every day of my life.

Amen.

### Quote of the Week

**"Just when you are about to lose all hope,  
God sends you a big blessing to remind you  
that you have been heard"**

*Author Unknown*