



# WELCOME TO SACRED HEART PARISH HINDMARSH-FINDON

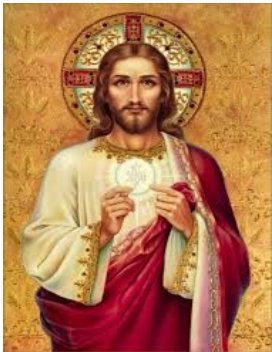
Website: [www.sacredheartparishhindmarsh.com.au](http://www.sacredheartparishhindmarsh.com.au)  
Facebook: [www.facebook.com/sacredheartfindonparish](http://www.facebook.com/sacredheartfindonparish)



IN THE CHARISM OF THE HEART OF CHRIST  
**'May the Sacred Heart of Jesus be everywhere loved'**

Sacred Heart Church    Our Lady of the Manger  
252 Port Rd Hindmarsh    176 Crittenden Rd Findon

**18 August 2024**



**Year B**

*20th Sunday  
in  
Ordinary  
Time*

### Responsorial Psalm

*Taste and see the  
goodness of the Lord*

### Gospel Acclamation

*Alleluia, alleluia!*

*All who eat my flesh  
and drink my blood  
live in me and I in  
them, says the Lord.*

*Alleluia!*

### Today's Readings

**Prov 9:1-6**

**Ps 33:2-3, 10-15**

**Eph 5:15-20**

**Jn 6:51-58**

### PARISH VISION STATEMENT

*As a people who believe and trust in the love of God for us, revealed in the heart of Jesus, we live out this love in a welcoming and inclusive community that provides life-giving support and service to all people.*

### YOU ARE WELCOME TO JOIN US FOR MASS

- ◇ **Tuesday 20 Aug 12:15 pm** Mass at Sacred Heart Church (SHC) Hindmarsh
- ◇ **Wednesday 21 Aug 6:00 pm** Adoration and Candlelight Mass at Our Lady of the Manger Church (OLM) Findon
- ◇ **Friday 23 Aug 9:15 am** Mass at Our Lady of the Manger Church (OLM) Findon
- ◇ **Saturday 24 Aug 6:00 pm** Vigil Mass at Our Lady of the Manger Church (OLM) Findon
- ◇ **Sunday 25 Aug 9:00 am** Mass at Sacred Heart Church (SHC) Hindmarsh
- ◇ **Sunday 25 Aug 11:00am** Mass at Our Lady of the Manger Church (OLM) Findon

## *Changed by the Eucharist*

**"Jesus said to the crowds: "I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world." [John 6:51](#)**

It must have been somewhat shocking to the people who heard Jesus say this for the first time. Immediately after Jesus said this, we read that "The Jews quarreled among themselves, saying, 'How can this man give us his flesh to eat?'" Jesus addressed their confusion even more directly by saying, "Amen, amen, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you do not have life within you." Those who were confused must have become even more confused, and those who believed must have deepened their faith as they heard Jesus teach so clearly and profoundly.

Of course, Jesus was speaking about the Eucharist. The Eucharist is truly His Body and Blood, Soul and Divinity. We know that. We believe it. But from time to time, it is a helpful spiritual practice to revisit our Lord's very direct and definitive teaching. On the deepest level, the Eucharist will always remain a profound mystery of faith. How can we eat His flesh and drink His blood? To someone without faith and without a basic understanding of the Eucharist, this teaching seems shocking and unbelievable. In fact, it's easy to understand how some of the first hearers of this teaching quarreled among themselves in confusion. For that reason, we must listen to Jesus' words with the spiritual gift of understanding so that we are not among those who are confused. Understanding is a gift of the Holy Spirit that opens our minds to the deep spiritual truths Jesus is revealing. If we attempt to listen to this teaching using our human reason alone, we will never understand.

When you consider Jesus' teaching on the Holy Eucharist, what do you understand and believe? Especially consider what goes through your mind when you attend the Holy Mass and go forward to receive Communion. What normally takes place within you at that moment? Some come forward distracted or even disinterested, paying more attention to the others around them than to the Eucharist. Others simply go forward out of habit because that's what they have always done. Some see the Eucharist more as a symbol of our sharing in God's banquet. But some come forward with a deep spiritual hunger and thirst for God, receive Him in faith, love Him deeply as they consume Him, and are filled with hopeful anticipation that their reception of this holy gift will transform them interiorly and set them more firmly on the path to holiness. Which person are you most like?

Believing in the Holy Eucharist and receiving it with the utmost faith and devotion will only happen when we believe. But believing doesn't come automatically. It first requires understanding. And understanding will only come when we allow our minds to engage the mystery and teaching of Jesus, ponder it, contemplate it, penetrate it and open ourselves to God's gentle and revealing voice. Words do not suffice to explain this mystery. Prayer that opens oneself to the voice of God alone suffices.

Reflect, today, upon how you approach Holy Communion each week. Start by thinking about the last few times you went forward to receive our Lord in this way. From there, think about how deeply you understand that moment. Is it transforming for you? Are you among those who hunger and thirst for Jesus? Do you notice the spiritual effects that take place within you as a result of your reception of the Eucharist? If so, then deepen your faith by committing yourself to a more prayerful participation in the Mass the next time you attend. If not, then try to step back and examine that which you actually believe, are confused about or do not believe. There is no greater gift we will ever receive in life than the Eucharist. Believe it with all your heart, and the Eucharist will change your life.

*My Eucharistic Lord, I do believe; help my unbelief. I thank You for the very gift of Yourself, given to me in the reception of Holy Communion. Please continue to teach me about this Gift, dear Lord. Open my mind to understand so that I will always come forward to receive with the utmost faith, love and hope. Jesus, I trust in You.*

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### Mass Intentions

**6.00pm Saturday Vigil OLM  
Parish**

**9.00am SHC  
Parish**

**11.00am OLM  
Parish**

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	First Collection	Second Collection
<b>Account Name</b> BSB—Account Number	<b>Diocesan Presbytery</b> 085005—585353994	<b>Sacred Heart Parish Hindmarsh-Findon</b> 085005-159172373
<i>Thank you for using this option</i>	Reference: "747-Your Name"	Reference: "Your Name"

**PARISH OFFICE | PHONE 08 8346 3901**

Office Hours: Tuesday, Wednesday, Thursday and Friday | 10:00am—2:00pm  
**Please Note:** If the office is unattended, please leave a message and we will return your call ASAP  
29 Grange Rd., West Hindmarsh | Mailing address: PO Box 34, Welland 5007  
E: [shparish@shphf.com.au](mailto:shparish@shphf.com.au)    **Parish Priest:** Father Santhosh Nazareth CSC

## August 2024

23 Aug Saint Rose of Lima, virgin  
24 Aug Saint Bartholomew, Apostle  
27 Aug Saint Monica  
31 Aug Saturday in the 21st Week in Ordinary Time



## September 2024

01 Sept Father's Day  
01 Sept Italian Mass @ 11am at SHC  
08 Sept Nativity of Mother Mary  
12 Sept The Most Holy Name of Mary  
14 Sept The Exaltation of the Holy Cross  
15 Sept Our Lady of Seven Sorrows  
23 Sept Saint Padre Pio  
27 Sept Saint Vincent de Paul  
29 Sept 26th Sunday in Ordinary Time  
29 Sept Sts. Michael & Gabriel - Archangels



## October 2024

02 Oct The Holy Guardian Angels  
06 Oct Daylight Savings Starts  
07 Oct Our Lady of the Rosary  
13 Oct 28th Sunday in Ordinary Time

### Centenary Meeting for SHC

Tuesday, 27th August @ 5pm at Parish Office

### Vinnies Meeting

Tuesday, 3rd September @ 7pm

### Fundraising Committee Meeting

Thursday, 5th September @ 6.30 at OLM

### Finance Council Meeting

Wednesday, 28th August @ 7pm at OLM

### Liturgy Meeting

Tuesday, 20th August @ 6.30 at TBC

### Parish Pastoral Council Meeting

Tuesday, 17th September @ 6.30pm at IHM

### APRIM Meeting

Tuesday, 10th September @ 1pm at Parish Office



### Sunday Night Choir – September 1 at 7.15 pm

The Sunday Night Choir returns for another evening of music and singing on Sunday, September 1. This is a new initiative for 2024, sponsored by the Pastoral Services Team of the Adelaide Archdiocese, and is simply an evening to gather, sing, and meet new people. It's okay if this is your first time attending as we are a welcoming bunch. Bring friends too! There will be songs in three-part harmony, so the ability to read music notation is.

Rehearsals are on the first Sunday of every month, starting at 7.15 pm in the St Francis Xavier Cathedral Hall (free car parking available).

Visit: [ofw-adelaide.org.au/sundaynightchoir](http://ofw-adelaide.org.au/sundaynightchoir) for more info or

contact Lauren Bierer [lbierer@adelaide.catholic.org.au](mailto:lbierer@adelaide.catholic.org.au) / 8210 8107.

### Public Rosary – Praying the Rosary for Peace

First Saturday of every month.

You are invited to join Our Lady on Saturday 7th September and pray the Rosary outdoors, together united, to pray for peace in Mary MacKillop Plaza (adjacent to St Francis Xavier's Cathedral) at 8.40am after the 8am Mass.

All welcome. For more information contact:

Mr Patrick Greenrod – Legion of Mary – 0414 769 635

### Our Lady of Mt Carmel - Divine Mercy Devotion Sunday

Every first Sunday of the month – Sunday, 1st September from 3pm to 4pm,

Our Lady of Mt Carmel Church, Pennington, Cnr Torrens Road and Pennington Tce. Eucharistic Adoration, Stations of the Cross, Hymns, Divine Mercy Chaplet and Benediction.

Bring your own Rosary Beads. A devotional resource supplied.

Enquiries: Julia Bobic (08) 8268 8116 - Albert Park/Pennington Paris

### Study Tour to Greece and Turkey

Fr Michael Trainor is inviting you to come with him in January to Greece and Turkey for an instructive, insightful, and spiritually uplifting engagement with the New Testament letters and sites associated with St Paul and the Book of Revelation. Full details of the study tour are available here: [https://drive.google.com/file/d/17RVMgc\\_oylbOj8xdM8gcHoty92Baq\\_S/view?usp=drive\\_link](https://drive.google.com/file/d/17RVMgc_oylbOj8xdM8gcHoty92Baq_S/view?usp=drive_link). To follow up or register interest please email Fr Michael on [blstadelade@gmail.com](mailto:blstadelade@gmail.com).

## PARISH HISTORY

### Mary MacKillop and Hindmarsh Findon Parish - Part 2

The Josephites taught at the Bowden school until 1928 when a new school was built on Grange Rd at Hindmarsh and a fine solid building, which had been a hospital, was purchased as a Convent. (The school will celebrate its centenary on this site in 2028.) The Convent building is our present Parish Office!

When the MSC priests moved out of the presbytery on Port Road (the building now being renovated) around 2004, the Parish Office moved into this site. In coming months, the Office will resume its place next to the Sacred Heart Church.

Another Josephite School was established in the Parish at Captain Cook Avenue Flinders Park in 1950. Initially St Joseph's Church on the site was divided into 2 classrooms for school days and back to a Church for Sundays until a separate school building was erected.

This school was renamed Cardinia Catholic School in 1990s. In 2006 a transformative moment occurred in the western suburbs of Adelaide when Cardinia, together with Siena College, Our Lady of the Manger School and Mater Christi School merged to create Nazareth Catholic College.

Sr Theresa Swiggs, a Sister of St Joseph, continues to be a presence in the school and therefore our Parish community today, maintaining a link back to Mary MacKillop!



Original St Joseph's Convent Hindmarsh...presently Sacred Heart Parish Office



SACRED HEART CHURCH  
1924 - 2024



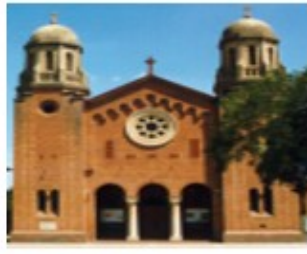
# Centenary Year

Sunday 24<sup>th</sup> November 2024, 9.30am Mass

Sacred Heart Church – 252 Port Road, Hindmarsh

Eucharistic Celebration by Archbishop Patrick O'Regan

[Note: No 9am Mass at SHC or 11am Mass at OLM]



# Centennial Event

Gathering of all who celebrated  
Weddings or Baptisms, First Communion  
or Confirmation in our beautiful  
Sacred Heart Church

Sunday, 8<sup>th</sup> September at 9.00am  
Sacred Heart Church, Hindmarsh

All are invited to a gathering for Mass at 9.00am at  
Sacred Heart Church followed by a Morning Tea.  
PLEASE BRING A PHOTO TO SHARE



## Italian Mass

Sacred Heart Church  
Sunday, 1st September at 11:00am  
All are welcome!



**SOCCKER STARTS - 26th October**  
**Carpark Fundraising at Sacred Heart**  
**please arrive about an hour before games begin.**  
if you would like to volunteer and be  
added to the **Carpark WhatsApp Group**  
please let Sandra know on 0402 894 613.



## St. Ezequiel Moreno y Diaz Monday, 19th August

Ezequiel Moreno y Díaz (also Ezekiel), was a member of the Order of Augustinian Recollects and now venerated as a Saint in the Roman Catholic Church.

He was born on 9 April 1848 in Alfacro, La Rioja, Spain and later on served as a missionary to the Philippines. He also became the Bishop of Pinara and later of Pasto, both in Colombia.

He is invoked as the Patron of Cancer Patients.

The devotion to St. Ezekiel Moreno is based on the very human concern of believers for their loved ones who are sick, especially with that most dreaded of all diseases, cancer.

In praying for the intercession of St. Ezekiel, one who personally knew the agonies of cancer, we ask God to bring healing and relief to those who have got cancer, consolation and hope to their suffering families and friends.

Many sufferers have experienced a remission or even a cure of their infirmities through their prayers for the intercession of St. Ezekiel.

## SAVE THE DATE—BINGO

When: Friday 27th September at OLM  
Doors Open: 6.30pm  
Eyes Down Ready to Start: 7pm  
\$20 per book  
BYO Food, Drinks & Nibbles  
We look forward to seeing you there!



THE ARCHDIOCESE OF ADELAIDE INVITES YOU TO THE  
**MIGRANT & REFUGEE SUNDAY**  
MULTICULTURAL MASS

**110<sup>TH</sup>**  
WORLD DAY OF  
**MIGRANTS & REFUGEES**

SUNDAY, 29 SEPTEMBER 2024



**God walks with His people**  
The Message of Pope Francis



## SAVE THE DATE

Centenary Event - Migrant and refugee  
(multicultural day)  
Sunday, 29th September  
Sacred Heart Church, Hindmarsh



Details to follow in due course

**HAPPY Father's Day**

## Sunday, 1st September is Father's Day!

If you would like to add the name of a special dad or significant male to our prayer intentions for Father's Day, please pick up a **Father's Day Prayer Card**.

On the day, place the cards in the baskets provided and the fathers names will be taken to the Altar in the Offertory Procession on Sunday, 1st September as we celebrate our fathers.

## BAPTISM

We welcome into our faith Community  
**Patrick Jason King**



who celebrates the Sacrament of Baptism this weekend  
within our Sacred Heart Hindmarsh—Findon Parish  
Please keep the family in your prayers.

We pray for all the sick in our community that God will grant them courage, healing and strength. We especially pray for healing for our parishioners **Mary Cusack, Franco Antonio Zardo** and **Michelle Dench.**

If you would like prayers or to add a name to our sick list, please contact the parish office. Thank you.



20th Sunday in Ordinary Time

"The Bread of Life"

**SAFEGUARDING SUNDAY - 8TH SEPTEMBER**

This year, the Catholic Archdiocese of Adelaide are running a colouring-in competition and sharing the National Association for the Prevention of Child Abuse and Neglect's (NAPCAN) message that "every conversation matters".

We encourage and invite all children and young people to get creative and to take part in this activity by colouring-in the attached picture and sending a photo to the Parish Office.

Children and young people can colour in their own entry. In the speech bubble they may like to add their first name, or a message they would like to share with the Parish.

There will be a prize awarded to the Parish with the most creative display of collective works.

Entries are open from 1st September and will close on the 15th September 2024.

The winning Parish will be decided and announced at a time shortly after September 15th.



Church of Saint Leo the Great www.stleothegreat.com/childrens-corner

"ಸಕ್ಕಡ್ ಸಾಂಗಾತಾ ಮೆಳ್ಳಾಂ, ಮರಿಯೆಕ್ ಹೋಗೊಲ್ಲಯಾಂ"

Adelaide Konkani Community Presents

**Monthi Fest 2024**

7th September 2024 at 9:30 AM

Veneration of Blessed Mary & Holy Mass followed by Cultural Program & Novem Jevan

Venue:

Holy Family Catholic School, 71 Shepherdson Road, Parafield Gardens, SA 5107

Please get flowers for showering Maria Bambina



Cultural Contact: Priyanka Mascarenhas 0481328285



My Lord Jesus Christ, I firmly believe that I am about to receive, in Communion, Your Body, Your Blood, Your Soul and Your Divinity.

I believe it because You have said it, and I am ready to give my life to maintain this truth.

*Quote of the Week*

**"Faith is the light that guides you through the darkness"**

*Author Unknown*

Don't forget you can follow our Parish on Facebook and Website to stay up to date with events and notices.



Website: [www.sacredheartparishhindmarsh.com.au](http://www.sacredheartparishhindmarsh.com.au)

Facebook: [www.facebook.com/sacredhearthindmarshparish](http://www.facebook.com/sacredhearthindmarshparish)