



# WELCOME TO SACRED HEART PARISH HINDMARSH-FINDON

Website: [www.sacredheartparishhindmarsh.com.au](http://www.sacredheartparishhindmarsh.com.au)  
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Sacred Heart Church Our Lady of the Manger  
252 Port Rd Hindmarsh 176 Crittenden Rd Findon

IN THE CHARISM OF THE HEART OF CHRIST

'May the Sacred Heart of Jesus be everywhere loved'

**04 August 2024**



**Year B**

*18th Sunday  
in  
Ordinary  
Time*

**Responsorial Psalm**

*The Lord gave them  
bread from heaven.*

**Gospel Acclamation**

*Alleluia, alleluia!*

*No one lives on bread  
alone, but on every  
word that comes from  
the mouth of God.*

*Alleluia!*

**Today's Readings**

**Ex 16:2-4, 12-15**

**Ps 77:3-4, 23-25, 54**

**Eph 4:17, 20-24**

**Jn 6:24-35**

**Mass Intentions**

**6.00pm Saturday Vigil OLM  
Parish**

**9.00am SHC**

*Angelo Spano*

**11.00am OLM**

*Raffaella and Giacinto*

*Polcck*

*Alberto Tabor*

## PARISH VISION STATEMENT

*As a people who believe and trust in the love of God for us, revealed in the heart of Jesus, we live out this love in a welcoming and inclusive community that provides life-giving support and service to all people.*

## YOU ARE WELCOME TO JOIN US FOR MASS

- ◇ **Tuesday 06 Aug 12:15 pm** Mass at Sacred Heart Church (SHC) Hindmarsh
- ◇ **Wednesday 07 Aug 6:00 pm** Adoration and Candlelight Mass at Our Lady of the Manger Church (OLM) Findon
- ◇ **Friday 09 Aug 9:15 am** Mass at Our Lady of the Manger Church (OLM) Findon
- ◇ **Saturday 10 Aug 6:00 pm** Vigil Mass at Our Lady of the Manger Church (OLM) Findon
- ◇ **Sunday 11 Aug 9:00 am** Mass at Sacred Heart Church (SHC) Hindmarsh
- ◇ **Sunday 11 Aug 11:00am** Mass at Our Lady of the Manger Church (OLM) Findon

## *Hunger for God*

**"Rabbi, when did you get here?" Jesus answered them and said, "Amen, amen, I say to you, you are looking for me not because you saw signs but because you ate the loaves and were filled. Do not work for food that perishes but for the food that endures for eternal life, which the Son of Man will give you." [John 6:25-27](#)**

The day before, Jesus fed the crowds at the miracle of the multiplication of the loaves and fish. The next day, the people were hungry again, so they went looking for Jesus thinking that He might miraculously feed them again. In the passage above, Jesus uses their physical hunger to point them to a deeper spiritual reality.

Each one of us is hungry. We continually have cravings that we want satiated. Certainly, food and drink are among our cravings, but the deepest craving we each have is a spiritual one. The problem is that we often try to satiate ourselves in ways that will never satisfy us. Therefore, we each need to hear Jesus say, "Do not work for food that perishes but for the food that endures for eternal life, which the Son of Man will give you." What is that food that the Son of Man will give to us? Of course, it is His very Body and Blood, Soul and Divinity. It is the Most Holy Eucharist. This passage begins the lengthy "Bread of Life Discourse" from which we will read over the next three Sundays.

Throughout this discourse, Jesus makes it clear that His flesh is true food and His blood is true drink. Eating Jesus' flesh and blood is the only way to eternal life. Some who listen to this teaching find that it is too difficult to accept and, as a result, reject Jesus and His teaching. The discourse ends with Jesus asking the Twelve if they want to leave too. Peter gives the perfect response by saying, "Master, to whom shall we go? You have the words of eternal life. We have come to believe and are convinced that you are the Holy One of God."

As we ponder this teaching of Jesus over the next few weekends, it is important to start with the foundation. The foundation is our spiritual hunger. We each experience it. We each are aware of it. We cannot escape it. For that reason, look into your own soul. What do you see? Do you see a certain restlessness and unfulfilled desire? Do you sense the cravings within your own soul? When you see this, know that you have discovered the starting point of the life of fulfillment. Unless you can see that hunger within, you cannot turn to the source of satiation.

The Eucharist is the source of all that we long for in life; however, too often we fail to see that. We can easily fall into the trap of seeing the Eucharist as an obligation we must meet each week. Sometimes Mass can even be seen as an inconvenience. If this is your struggle, try to use the next few Sundays to reexamine your understanding of the Most Holy Eucharist.

Sunday Mass, more than anything else in life, must be understood as the source of our deepest satisfaction in life. It must be seen as the answer to every interior longing and restlessness we have. It is not money, recognition, status, power, or anything else in life that fulfills us. It is God. And God comes to us first and foremost in the celebration of the Mass. Do you believe this? Do you understand?

Reflect, today, and for the next few weeks, upon the Gift of the Most Holy Eucharist. As you do, try to see it as the answer to every interior longing and hunger that you have in life. Try to make an act of faith in this spiritual truth. If you do not regularly experience the satiation offered by consuming the Eucharist, ask yourself why not. Believe in everything that Jesus teaches in this holy discourse of the Bread of Life. If you do, you will also begin to receive the nourishment that our Lord promises.

*My Eucharistic Lord, You are the Bread of Life and the source of all satisfaction in life. Your Body and Blood, given to me through my participation in the Holy Mass, is the greatest Gift I could ever receive. Please renew and deepen my love for You in this Gift so that I will find full satisfaction and fulfillment in You alone. Jesus, I trust in You.*

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**PARISH OFFICE | PHONE 08 8346 3901**

Office Hours: Tuesday, Wednesday, Thursday and Friday | 10:00am—2:00pm

**Please Note:** If the office is unattended, please leave a message and we will return your call ASAP

29 Grange Rd., West Hindmarsh | Mailing address: PO Box 34, Welland 5007

E: [shparish@shphf.com.au](mailto:shparish@shphf.com.au) **Parish Priest:** Father Santhosh Nazareth CSC

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## August 2024

06 Aug The Transfiguration of the Lord  
08 Aug Saint Mary of the Cross  
11 Aug 19th Sunday in Ordinary Time  
14 Aug Vigil Mass (Assumption) at OLM  
15 Aug The Assumption of the Blessed Virgin Mary  
18 Aug 20th Sunday in Ordinary Time  
23 Aug Saint Rose of Lima, virgin  
24 Aug Saint Bartholomew, Apostle  
27 Aug Saint Monica  
31 Aug Saturday in the 21st Week in Ordinary Time



## September 2024

01 Sept Father's Day  
08 Sept Nativity of Mother Mary  
12 Sept The Most Holy Name of Mary  
14 Sept The Exaltation of the Holy Cross  
15 Sept Our Lady of Seven Sorrows  
23 Sept Saint Padre Pio  
27 Sept Saint Vincent de Paul  
29 Sept 26th Sunday in Ordinary Time



### Centenary Meeting for SHC

Tuesday, 6th August at 4.30pm at Parish Office

### Vinnies Meeting

Tuesday, 6th August at 7.00pm

### Fundraising Committee Meeting

Thursday, 8th August @ 6.30pm at OLM

### Finance Council Meeting

Wednesday, 28th August @ 7pm at OLM

### Liturgy Meeting

Tuesday, 20th August @ 6.30 at TBC

### Parish Pastoral Council Meeting

Tuesday, 17th September @ 6.30pm at IHM

### APRIM Meeting

Tuesday, 10th September @ 1pm at Parish Office

### Sunday Night Choir – August 4 at 7.15 pm

The Sunday Night Choir returns for another evening of music and singing on Sunday, August 4. This is a new initiative for 2024, sponsored by the Pastoral Services Team of the Adelaide Archdiocese, and is simply an evening to gather, sing, and meet new people. It's okay if this is your first time attending as we are a welcoming bunch.

Bring friends too! There will be songs in three-part harmony, so the ability to read music notation is.

Rehearsals are on the first Sunday of every month, starting at 7.15 pm in the St Francis Xavier Cathedral Hall (free car parking available).

Visit: [ofw-adelaide.org.au/sundaynightchoir](http://ofw-adelaide.org.au/sundaynightchoir) for more info or contact Lauren Bierer [lbierer@adelaide.catholic.org.au](mailto:lbierer@adelaide.catholic.org.au) / 8210 8107.

### Public Rosary – Praying the Rosary for Peace

First Saturday of every month.

You are invited to join Our Lady on Saturday 10th August and pray the Rosary outdoors, together united, to pray for peace in Mary MacKillop Plaza (adjacent to St Francis Xavier's Cathedral) at 8.40am after the 8am Mass.

All welcome. For more information contact:

Mr Patrick Greenrod – Legion of Mary – 0414 769 635

### Our Lady of Mt Carmel - Divine Mercy Devotion Sunday

Every first Sunday of the month – Sunday, 4th August from 3pm to 4pm,

Our Lady of Mt Carmel Church, Pennington, Cnr Torrens Road and Pennington Tce. Eucharistic Adoration, Stations of the Cross, Hymns, Divine Mercy Chaplet and Benediction.

Bring your own Rosary Beads. A devotional resource supplied.

Enquiries: Julia Bobic (08) 8268 8116 - Albert Park/Pennington Paris

### Study Tour to Greece and Turkey

Fr Michael Trainor is inviting you to come with him in January to Greece and Turkey for an instructive, insightful, and spiritually uplifting engagement with the New Testament letters and sites associated with St Paul and the Book of Revelation. Full details of the study tour are available here: [https://drive.google.com/file/d/17RVMgc\\_oylbQj8xdM8gcHoty92Baqz\\_S/view?usp=drive\\_link](https://drive.google.com/file/d/17RVMgc_oylbQj8xdM8gcHoty92Baqz_S/view?usp=drive_link). To follow up or register interest please email Fr Michael on [blstadelade@gmail.com](mailto:blstadelade@gmail.com).



## PARISH HISTORY Cultural Groups



Many different cultural groups have been present in our Parish communities over our 100 years. Together they have helped to make us who we are as a parish community today.

In the early 20<sup>th</sup> Century, people of Irish Catholic heritage would have made up the dominant group of parishioners. This was reflected in traditions such as St Patrick's Day being a key celebration.

Post World War 2, many migrants from Europe made their way to Australia and different cultural groups settled in the western suburbs of Adelaide. Italians have been a key group in Flinders Park and Hindmarsh areas of our parish. For many years, the Canossian Sisters were a significant support, working with the Italian community to help them to develop into a vibrant presence.

The St Eufemia community is 'very alive' in our community today, celebrating their Feast Day each year with a festival and serving over 100 people each first Sunday of the month in our Sacred Heart Church Hall, along with other cultural activities throughout the year.

Other Italian communities and celebrations over the years have included St Maria Di Anzano and Saints Damian and Cosmos. Until recent years, an Italian Mass was celebrated each Sunday in the SHC at 11am.

We acknowledge that the Italian community has been especially significant in our Parish history.

*(We'd like to include details of other cultural groups across the years and Stories about people/events through the last 100 years. If you would like to contribute a story, contact the Parish Office or Mary Hemmings or Peter Oswald.)*



# Centennial Event

Gathering of all who celebrated  
Weddings or Baptisms, First Communion  
or Confirmation in our beautiful  
Sacred Heart Church

Sunday, 8<sup>th</sup> September at 9.00am  
Sacred Heart Church, Hindmarsh

All are invited to a gathering for Mass at 9.00am at Sacred Heart Church followed by a Morning Tea.  
PLEASE BRING A PHOTO TO SHARE





## The month of August is dedicated to the Immaculate Heart of Mary

The month of August is dedicated to the Immaculate Heart. Since the 16th century Catholic piety has assigned entire months to special devotions.

The month of August is traditionally dedicated to the Immaculate Heart of Mary. The physical heart of Mary is venerated (and not adored as the Sacred Heart of Jesus) because it is united to her person and is the seat of her love (especially for her divine Son), virtue, and inner life. Such devotion is an incentive to a similar love and virtue.

This devotion has received new emphasis in this century from the visions given to Lucy Dos Santos, oldest of the visionaries of Fatima, in her convent in Tuy, in Spain, in 1925 and 1926. In the visions Our Lady asked for the practice of the Five First Saturdays to help make amends for the offenses committed against her heart by the blasphemies and ingratitude of men. The practice parallels the devotion of the Nine First Fridays in honor of the Sacred Heart.

On October 31, 1942, Pope Pius XII made a solemn Act of Consecration of the Church and the whole world to the Immaculate Heart. Let us remember this devotion year-round, but particularly through the month of August.

*O Immaculate Heart of Mary, Heavenly beauty and splendor of the Father, You are the most valued Heavenly treasure.  
New Eve, immaculate in soul, spirit and body, Created of the godly seed by the Spirit of God,  
You are the spiritual Mother of mankind.*

*Pure Virgin, full of grace then and now, Your whole being was raised Heavenly in full glory,  
To be elevated above all the hosts within the Kingdom of God.*

*O Heavenly Mother, Queen of Heaven and earth, I recognize the glory of your highest title, The Immaculate Heart of Mary!  
Loving Mother, dispenser of endless blessings, You who continuously intercedes on our behalf,  
Please present my need before your loving Son Jesus.*

*(In your own words, make your special request here. Do not just mention a word.)*

*Speak to the Immaculate Heart of Mary as you would speak to another person,  
begging your Heavenly Mother to plea to Jesus on your behalf, that you be granted this special request.)*

*O Immaculate Heart of Mary, I know that you are now presenting my need before Jesus,  
For you have never turned away those in dire need.*

*Mother dearest, I await your favorable answer, Submitting myself to the Divine will of the Lord,  
For all glories are His forever and ever.*



### St. Mary of the Cross MacKillop Thursday, 8th August

St. Mary MacKillop, also known as St. Mary of the Cross, was an Australian nun declared a saint by the Catholic Church. She was born in Melbourne, on January 15, 1842, as the eldest of their eight children.

MacKillop was educated in private schools and at home by her father. She received her First Holy Communion at the age of nine. Mary

MacKillop was tasked with looking after their children and teaching them. MacKillop, determined to help the poor, included the other farm children on the Cameron estate in her care.

Father Woods, concerned about the lack of Catholic education in South Australia, invited MacKillop and her sisters to open a Catholic school in Penola. Following renovations completed by their brother, the MacKillops started teaching more than 50 children. At this time, MacKillop formally declared her dedication to God and began wearing black.

In November 1866, Mary MacKillop and her sisters were joined by several other women. MacKillop, who now took on the religious name "Sister Mary of the Cross," began wearing simple religious habits. The group of women began calling themselves the Sisters of St. Joseph of the Sacred Heart and moved to a new house in Adelaide.

MacKillop and her Josephites also worked within an orphanage; with neglected children; girls in danger; the aged poor; a prison; and with the incurably ill.

MacKillop travelled to Port Augusta, South Australia for the same purpose. The Sisters of St. Joseph of the Sacred Heart expanded rapidly and, by 1871, 130 sisters were working in more than 40 Schools and charitable institutions across South Australia and Queensland.

MacKillop passed away on August 8, 1909 in the Josephite convent in North Sydney.

In 1925, the Mother Superior of the Sisters of St Joseph, Mother Laurence, began the process to have MacKillop declared a saint. After several years of hearings, close examination of MacKillop's writings and a 23-year delay, the initial phase of investigations was completed in 1973. After further investigations, MacKillop's "heroic virtue" was declared in 1992.

St. Mary MacKillop is the patron saint of Australia, Archdiocese of Brisbane, and the Knights of the Southern Cross.

Catholic Online



### Transfiguration of Jesus Tuesday, 6th August

The **Transfiguration of Jesus** is an event described in the New Testament, where Jesus is transfigured and becomes radiant in glory upon a mountain. The Synoptic Gospels (Matthew 17:1-8, Mark 9:2-8, Luke 9:28-36)

recount the occasion, and the Second Epistle of Peter also refers to it (2 Peter 1:16-18).

In the gospel accounts, Jesus and three of his apostles, Peter, James, and John, go to a mountain (later event in referred to as the Mount of Transfiguration) to pray. On the mountaintop, Jesus begins to shine with bright rays of light. Then the Old Testament figures Moses and Elijah appear and he speaks with them. Both figures had eschatological roles: they symbolize the Law and the prophets, respectively. Jesus is then called "Son" by the voice of God the Father, as in the Baptism of Jesus.

*My Transfigured Lord, You promise suffering and death to all who follow You, but You also promise the hope that awaits those who endure. Grant me the grace to endure every cross in life, uniting my sufferings with Yours, so that I may one day partake in the glory of eternal life in Heaven. Jesus, I trust in You.*



### Saint John Vianney Sunday, 4th August

John Vianney (born Jean-Marie Vianney and later Jean-Marie-Baptiste Vianney; 8 May 1786 – 4 August 1859) was a French Catholic priest often referred to as

the *Curé d'Ars* ("the parish priest of Ars").

He is known for his priestly and pastoral work in his parish in Ars, France, resulting in the radical spiritual transformation of the community and its surroundings.

He is the patron saint of parish priests.



Sacred Heart Catholic Parish Hindmarsh-Findon

**THE SACRAMENTS OF CONFIRMATION and  
FIRST COMMUNION WILL TAKE PLACE:**

**Sat 10th Aug at 6:00pm at Our Lady of the Manger Church**

**Sun 18th Aug at 9:00am at Sacred Heart Church**



**We invite you to pray for these children and their families as they prepare for this significant moment in their faith journey.**

We pray for all the sick in our community that God will grant them courage, healing and strength. We especially pray for healing for our parishioners **Mary Cusack, Franco Antonio Zardo** and **Michelle Dench.**

If you would like prayers or to add a name to our sick list, please contact the parish office. Thank you.



18th Sunday in Ordinary Time

"I am the Bread of Life"



**Premiere of Glorious Lives  
Mary MacKillop**

All are welcome to attend free screening of *Glorious Lives: Mary MacKillop*, a docu-fiction film to be screened at the **Capri Theatre** (141 Goodwood Rd, Goodwood SA, 5034) on **Wednesday, August 7 at 6.30pm.**

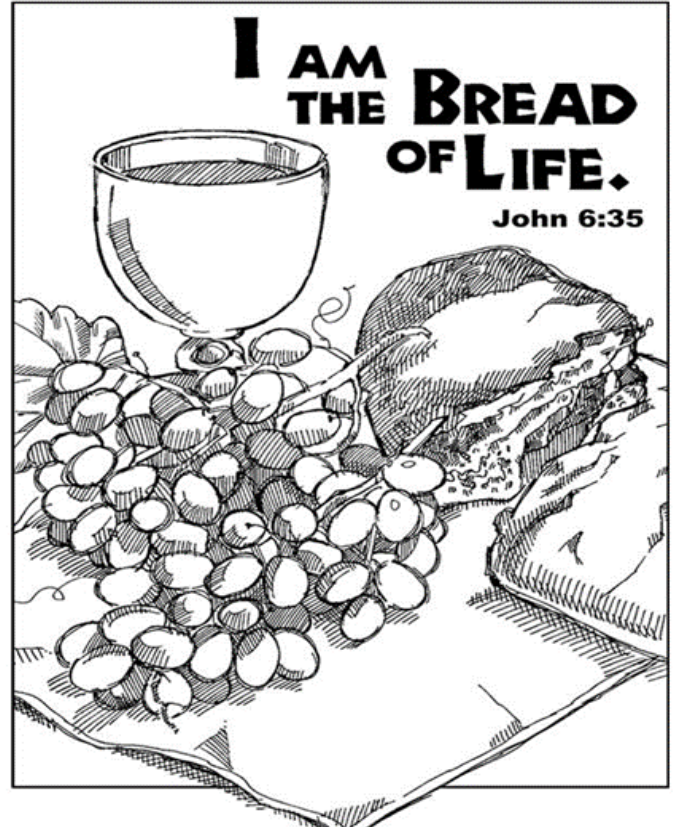
Bookings can be made via: <https://www.trybooking.com/events/landing/1260996>

Entry is free – donations are welcome.

*Glorious Lives* is a Shalom World TV program featuring inspiring life stories of Catholic saints. This film showcases St Mary of the Cross MacKillop's remarkable achievements and contributions as well as featuring interviews with historians, educators, and individuals inspired by her legacy.

Trailer: [https://www.youtube.com/watch?v=emSo6jraBI&ab\\_channel=ShalomWorld](https://www.youtube.com/watch?v=emSo6jraBI&ab_channel=ShalomWorld)

For more details contact: Varkey Kaithakulam: 0402 044 584  
Tracey Tessitore: 0439 810 250, Ferin D'cruz: 0411 317 920



Church of Saint Leo the Great [www.stleothegreat.com/childrens-corner](http://www.stleothegreat.com/childrens-corner)

The August issue of *The Southern Cross*, is now available for \$2. Please take home a copy today.



**NATIONAL VOCATIONS AWARENESS WEEK**

For Weekend 3/4 August

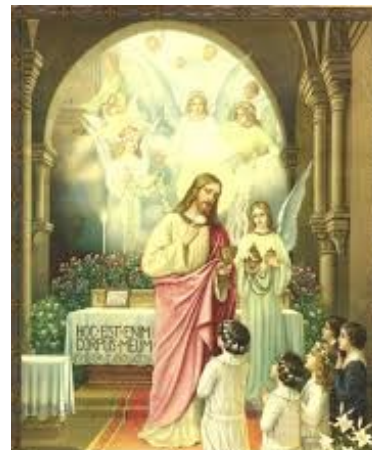
This Sunday throughout the Church in Australia we celebrate National Vocations Awareness Week. This week we affirm and pray for all the baptized who are uniquely called by God. We acknowledge the Single Life, Married Life and Family Life, as well as all Lay Ministries within the Church.



**NATIONAL VOCATIONS AWARENESS WEEK  
August 4 – 11**

<b>Weekend Masses August 3-4</b> Celebrating and praying for the unique vocation of all baptized Christians	<b>Saturday August 3</b> Rosary for Vocations in Mary MacKillop Plaza adjacent to the Cathedral at 8am	<b>Tuesday August 6</b> "Adrianus" for Vocations in St Francis Xavier's Cathedral, including Adoration, Reflections and Benedictions 6.30am	<b>Saturday August 10</b> Discernment Group - Those discerning Diaconate or Priesthood in Cathedral Sanctuary 9.30am - 11am	<b>Weekend Masses August 10-11</b> Celebrating and praying for an increase in Vocations to the Diaconate, Priesthood and Consecrated Life of Sisters and Brothers
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For further information contact:  
Fr Denis Marks, Director of Vocations  
P: 8210 8122 | E: vocations@stleostcatholic.org.au  
St Jeremy Seal Educator, SA Redcliffe Vocations Network  
E: jenny.seal@stleostcatholic.org.au



As we receive the body and the blood of Jesus by faith, we receive this new life.

Let's eat the bread together. We drink in remembrance of the blood Jesus shed.

Jesus - in the breaking of the bread and the drinking of the wine we remember your death until you come again.

*Quote of the Week*

"There is nothing so great as the Eucharist. If God had something more precious, He would have given it to us."

*St. John Vianney*