

Quenching Your Thirst with Living Water

Third Sunday of Lent (Year A)

Today, throughout the world, Catholic liturgies will celebrate the first of three Scrutinies of those adults who are preparing to receive the Sacraments of Initiation at the Easter Vigil. The word "scrutiny" comes from the Latin word *scrutari* which means an inquiry, close examination or search of something. It originally referred to rummaging through rubbish so as to find something of value. In a sense, this is what God does with all of us. When we first turn to Him, He sorts through the disorder of our fallen human nature and our sins so as to point to the goodness and beauty of the child He created. As for the liturgical rite that will be celebrated in churches throughout the world today, the *Right of Christian Initiation of Adults* describes it as follows: "The scrutinies are meant to uncover, and then heal all that is weak, defective, or sinful in the hearts of the elect; to bring out, then strengthen all that is upright, strong, and good" (#141). The Gospel story we read today depicts this action beautifully. It is the long and inspiring story of the woman at the well. This story is filled with symbolism, much of which the casual reader could easily miss.

The first thing to consider is the suffering this woman was enduring because of her shame and embarrassment over her sinful life. As she approached the well, she was surprised to hear Jesus ask her for a drink. She was a Samaritan. Jews generally considered Samaritans as ritually unclean. For that reason, Jews would not drink from their vessels. But Jesus broke this unholy custom and looked at her as a daughter of God with innate dignity and value as He engaged her in conversation.

Within the heat of the day, Jesus spoke lovingly to this woman and said, "Give me a drink." Saint Augustine states that, symbolically speaking, Jesus thirsted for her soul, for her salvation. He longed to give her the grace soon to be won through His Cross. Her willing reception of this gift would also bring satiation to the Heart of our Lord. Jesus didn't dwell upon her past; He knew all about it. He could read her soul. All He wanted to do was to rummage through the sin and rubbish that was cluttering her soul so as to discover her dignity within. If she were to allow Jesus to offer her this mercy, not only would she receive true Living Water to quench her spiritual thirst, she would also satiate the spiritual thirst in the soul of our Lord that could only be satiated by the dispensing of His mercy.

As we celebrate the Scrutinies this Sunday, reflect upon this woman at the well. First, she is a symbol of every person coming to faith in Christ and preparing for the Living Water of Baptism this Easter. But she is also a symbol of your own soul, to the extent that it has become cluttered with the rubbish of sin and disorder. Do not let shame, fear or a sense of unworthiness deter you from engaging in this same conversation with our Lord. Hear Him say to you that He thirsts for you and longs to be satiated by the sacred act of the ongoing bestowal of His Divine Mercy, poured forth through the Living Water superabundantly given to you at your baptism.



Prayer

Jesus,
*You are the Living Water
 that my soul needs.
 May I meet You
 in the heat of my day,
 in the trials of life,
 and in my shame and guilt.*

*May I encounter Your love,
 gentleness and acceptance
 in these moments,
 and may that Love
 become the source
 of my new life in You.*

Jesus, I trust in You.

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Here's what you need to plant in your garden:

Three rows of Squash:

1. Squash gossip
2. Squash criticism
3. Squash indifference

Seven rows of Peas:

1. Prayer
2. Penance
3. Perseverance
4. Politeness
5. Preparedness
6. Purity
7. Patience

Seven Heads of Lettuce:

1. Let us be unselfish and loyal
2. Let us be charitable
3. Let us search the scriptures
4. Let us not be weary in well doing
5. Let us be obedient
6. Let us be truthful
7. Let us love one another

No garden is complete without TURNIPS:

1. Turn up for daily Mass and weekly Eucharistic Adoration
2. Turn up for prayer and Bible study
3. Turn up with a smile, even when things are difficult
4. Turn up with determination to do your best in God's service

Conclude with Thyme:

thyme with God. thyme for fun, thyme for rest,

Water freely with patience and cultivate with love.

There will be much fruit in the garden because you reap what you sow!



Quote of the Week
 "God is a spring of Living Water which flows
 unceasingly into the hearts of those who pray"
 St. Louis de Montfort



WELCOME TO SACRED HEART PARISH

HINDMARSH-FINDON

Website: www.sacredheartparishhindmarsh.com.au
 Facebook: www.facebook.com/sacredheartfindonparish

IN THE CHARISM OF THE HEART OF CHRIST

'May the Sacred Heart of Jesus be everywhere loved'



12 March 2023



*Third Sunday
 of Lent
 Year A*

Responsorial Psalm

*If today you hear His voice,
 harden not your hearts.*

Gospel Acclamation

*Glory to You, Word of God,
 Lord Jesus Christ!*

*Lord, You are truly the Saviour
 of the world; give me living
 water, that I may never
 thirst again.*

*Glory to You, Word of God,
 Lord Jesus Christ!*

Today's Readings:

Exodus 17: 3-7

Ps 94: 1-2, 6-9

Romans 5: 1-2, 5-8

John 4: 5-42

Mass Intentions

6.00pm Vigil

Parish

9.00am SHC

Parish

11:00am OLM

Parish

Our Churches

Sacred Heart Church (SHC)

252 Port Road, Hindmarsh

Our Lady of the Manger (OLM)

176 Crittenden Road, Findon

PARISH VISION STATEMENT

As a people who believe and trust in the love of God for us, revealed in the heart of Jesus, we live out this love in a welcoming and inclusive community that provides life-giving support and service to all people.

YOU ARE WELCOME TO JOIN US FOR MASS

- ◇ Tuesday 14 Mar 12:15 pm Mass at Sacred Heart Church (SHC) Hindmarsh
- ◇ **Wednesday 15 Mar 6:00 pm Stations at Our Lady of the Manger Church (OLM) Findon & Candlelight Mass**
- ◇ Friday 17 Mar 9:15 am Mass at Our Lady of the Manger Church (OLM) Findon
- ◇ **Friday 17 Mar 6:30 pm Stations at Sacred Heart Church (SHC) Hindmarsh**
- ◇ Saturday 18 Mar 6:00 pm Mass at Our Lady of the Manger Church (OLM) Findon
- ◇ Sunday 19 Mar 9:00 am Mass at Sacred Heart Church (SHC) Hindmarsh
- ◇ Sunday 19 Mar 11:00 am Mass at Our Lady of the Manger Church (OLM) Findon
- ◇ Sunday 19 Mar 5:00 pm Latin Mass at Sacred Heart Church (SHC) Hindmarsh

"Living Water for a Thirsty Soul."

This is the story of a woman who encountered Jesus at the well. She comes to the well in the peak of the midday heat so as to avoid the other women of her town for fear of encountering their judgment upon her, for she was a sinful woman. At the well she encounters Jesus, he speaks with her for a while and she is deeply touched by this casual but transforming conversation.

The first thing to note is that the very fact of Jesus speaking to her touched her. She was a Samaritan woman and Jesus was a Jewish man. Jewish men did not speak to Samaritan women. But there was something more that Jesus said that deeply affected her. As the woman herself tells us, He "told me everything I have done."

What truly seemed to touch her was that within the context of Jesus knowing all about her, all the sins of her past life and her broken relationships, He still treated her with the greatest respect and dignity. This was a new experience for her!

We can be certain that she would have experienced daily, a sort of community shame. The way she lived in the past and the way she was living at the present was not an acceptable lifestyle. And she felt the shame of it which, as mentioned above, was the reason she came to the well in the middle of the day. She was avoiding others.

But here was Jesus. He knew all about her but wanted to give her Living Water nonetheless. He wanted to satiate the thirst that she was feeling in her soul. As He spoke to her, and as she experienced His gentleness and acceptance, that thirst began to be quenched because what she really needed, what we all need, is this perfect love and acceptance that Jesus offers. He offered it to her, and He offers it to us.

Interestingly, the woman went away and "left her water jar" by the well. She never actually got the water she came for. Or did she? Symbolically, this act of leaving the water jar at the well is a sign that her thirst was quenched by this encounter with Jesus. She was no longer thirsty, at least spiritually speaking. Jesus, the Living Water, satiated.

Reflect, today, upon the undeniable thirst that is within you. Once you are aware of it, make the conscious choice to let Jesus satiate it with Living Water. If you do this, you too will leave the many "jars" behind that never satisfy for very long.

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Invitation for Electronic Giving	First Collection	Second Collection
Account Name BSB—Account Number	Diocesan Presbytery 085005—585353994	Sacred Heart Parish Hindmarsh-Findon 085005-159172373
<i>Thank you for using this option</i>	Reference: "747-Your Name"	Reference: "Your Name"



Stations of the Cross during Lent will be held on:

Wednesdays at Our Lady of the Manger, 6:00pm | Fridays at Sacred Heart Church, 6:30pm

PARISH OFFICE | PHONE 08 8346 3901

Office Hours: Tuesday, Wednesday, Thursday and Friday | 10:00am—2:00pm

Please Note: If the office is unattended, please leave a message and we will return your call ASAP

29 Grange Rd., West Hindmarsh | Mailing address: PO Box 34, Welland 5007

E: shparish@shphf.com.au **Parish Priest:** Father Lancy D'Silva CSC **Assistant Priest:** Father Santhosh Nazareth CSC

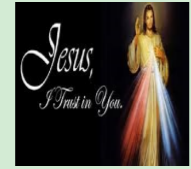
March 2023

12 Mar 3rd Sunday of Lent
 17 Mar Feast of St Patrick, Bishop
 18 Mar Konkani Mass 6pm SHC
 19 Mar 4th Sunday of Lent (Laetare)
 20 Mar Solemnity of St Joseph, Husband of Mary
 21 Mar **Training for Extraordinary Ministers, SHC 6:30pm**
 25 Mar Solemnity of The Annunciation of the Lord
 28 Mar **Training for Lectors, SHC 6:30pm**
 26 Mar 5th Sunday of Lent
 29 Mar Parish Pastoral Council Meeting, OLM 6:30pm
 Reconciliation Liturgy, OLM 6:00pm
 Reconciliation Liturgy, SHC 6:30pm

April 2023

02 Apr **Palm Sunday of the Lord's Passion**
Daylight Savings Ends
 11am Italian Mass
 03 Apr **Chrism Mass, St Francis Xavier**
 Cathedral 6:00pm

06 Apr **Holy Thursday of the Lord's Supper**
 07 Apr **Good Friday of the Lord's Passion**
 08 Apr **Holy Saturday**
 09 Apr **Easter Sunday of the Lord's Resurrection**
 10 Apr Monday in the Octave of Easter
 16 Apr **DIVINE MERCY SUNDAY**
 2nd Sunday of Easter
 23 Apr 3rd Sunday of Easter
 25 Apr ANZAC Day
 26 Apr Feast of St Mark, Evangelist
 28 Apr St Peter Chanel, priest and Martyr
 29 Apr St Catherine of Siena, virgin & doctor of the Church



From the Archdiocese

Vincentian Spirituality Conference – Lefevre Catholic Community
 Vincentian Spirituality Presentation with Teresa Lynch, Training and Liaison officer supporting Vincentian Conferences across South Australia, will unpack key elements of Vincentian Spirituality through a presentation on **Sunday March 19 from 4pm-5pm** at the Lefevre Catholic Community Meeting Rooms, 253 Military Road, Semaphore. Enquiries to Fr Roderick O'Brien on P: 8449 6378. Certificates available for professional development. Please register with Fr Roderick before the event.

Lenten Retreat
Saturday 18th March 11am - 3.30pm Topic "Come Back to Me." Speaker: Fr Manu Kumbidiyamackal MSFS The day includes Talks, Reflection, Exposition of the Blessed Sacrament, Reconciliation, Mass, Sacrament of Anointing. Our Lady of the Sacred Heart Church 420 Seaview Road Henley Beach. Please bring your own food tea/coffee provided. Enquiries / bookings Pauline 0403002240 by 15th March. Cost by donation.

Syria-Turkey Earthquake Disaster - Caritas Australia is supporting our partners to provide urgent humanitarian aid. The 7.8 magnitude earthquake has unleashed devastation on Turkey and Syria, leaving thousands of people dead. After 12 years of war, Syria is at breaking point and desperately needs help. Your support to help those affected by this catastrophe is invaluable. Your generous donation means our partners in Turkey and Syria can respond swiftly to support the survivors of this unimaginable tragedy. Visit: www.caritas.org.au/syria-turkey /call 1800 024413 toll free to donate now.

Project Compassion has begun. We thank you for your generosity and support of Caritas Australia this Lenten season in helping support vulnerable people around the world, now and **For All Future Generations.**

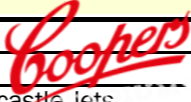


Parish Fundraising Committee
 Are you interested in helping your community? Everyone is invited and welcome to join the Parish Fundraising Committee. **If you can spare a couple of hours once a month** to help plan and raise funds towards our much needed Community Centre, please contact Sandra Bahlij 0402894613 with your email address or sms. Please help us to support this worthy cause! We need you!



Are you able to help raise some much needed funds for our Community Centre? If you can spare a couple of hours of your time we would really appreciate your help in ushering cars into the SHC Carpark before Soccer Matches. **Please arrive 1 hour before the game begins, no need to stay for the whole match!** Some exciting games coming up include the FIFA Women's World Cup! See the table below for times. Please contact Sandra Bahlij 0402894613. Thank you!

	Start Time	Teams
March		
Fri 17th	4:40pm	Adelaide United vs Newcastle Jets
Double Header Adelaide United vs Wellington Phoenix		
April		
Fri 7th	4:30pm	Adelaide United vs Sydney FC
Sun 16th	4:30pm	Adelaide United vs Western United FC
Sat 29th	4:30pm	Adelaide United vs Central Coast Mariners



A big thankyou to Van, Josfel, Tuong and Alfred & Rosie for donating their "Bottles and Cans" to raise funds toward our new Hindmarsh Community Centre. We have raised \$84.90 so far thanks to your generosity!



Baptisms
 We welcome into our faith Community **Maia Isabella Moustrides, Eric Gabriel Talavera, and Ivy May Hutton** who celebrate the Sacrament of Baptism at **Sacred Heart Church Hindmarsh this Sunday 12th March 2023** Please keep Maia, Eric, Ivy and their families in your prayers.

Calling all 16-35 year olds, if you are interested in travelling across the globe to attend **World Youth Day in Portugal, Lisbon** and travelling with the Disciples of Jesus group, please be in contact. We have lots more spots to fill to make a full group, so please pray and consider coming along. This event will be held between the **1st and 6th of August 2023**, however, the full pilgrimage tour is from 26th July to 9th August. World Youth Day week is all about the universal Catholic church gathering from countries all over the world to celebrate with the Pope daily masses and sharing faith with fellow Christ followers. If this sounds like something you would like to be part of, please register at <https://bookings.wydjourneys.com/DOJ01>. Closes March 21st.



Youth And Young Adults
 The Catholic Office for Youth and Young Adults (COYYA) is hosting **Youth and Young Adults Ministry Leaders Retreat Day on March 18, 2023, 10am to 4pm** at 116 George St, Thebarton (Catholic Education Office). 'New Horizons 2023' is a retreat day for 18 - 35's involved in Catholic ministry for young people in schools, parishes, communities and movements. Coffee, tea, light snacks and lunch are provided. Spaces are limited! Register <https://www.trybooking.com/CGBRC>. E: COYYAADL@cesa.catholic.edu.au

Come and See Parish Youth Group Nazareth Secondary Campus
1 Hartley Rd, Flinders Park 7:30pm to 9pm
Friday nights
 Run and supervised by the Preca Community. **Everyone is welcome!**



"This Lent, seek the only 'well' that satisfies — Christ."
 Pope Francis

Sacred Heart Parish Hindmarsh ~ Findon

Sacred Heart Church 252 Port Road, Hindmarsh
 Our Lady of the Manger Church 176 Crittenden Road, Findon

Holy Week & Easter 2023

Wednesday March 29th Reconciliation Liturgy followed by Individual Confessions At 6.00pm at OLM Church, Findon

Friday March 31st Reconciliation Liturgy followed by Individual Confessions At 6.30pm at Sacred Heart Church, Hindmarsh

Palm Sunday

Saturday April 01st 6:00 pm Findon (Vigil Mass)

Sunday April 02nd Palm Sunday ~ Masses begin with Blessing of the Palms

9:00 am Hindmarsh
 11:00 am Findon
 11:00 am Hindmarsh (Italian)

Monday April 03rd **Chrism Mass ~ Consecration of Holy Oils**
 6:00 pm St Francis Xavier Cathedral ~ All welcome

Holy Thursday April 06th Holy Thursday - Mass of the Lord's Supper
 7:00 pm Hindmarsh

Please note:
 Collection of non-perishable food items for St Vincent de Paul

Good Friday April 07th Stations of the Cross
 10:00 am Hindmarsh (English)
 11:00 am Findon (to be led by the youth)

Good Friday - The Passion of The Lord
 3.00 pm Findon
 7.00 pm Compassion with Mary (Reflections)
 At Nazareth Secondary School, Flinders Park

Holy Saturday April 08th Easter Vigil
 7.30 pm Hindmarsh

Easter Sunday April 09th Easter Sunday
 9.00 am Hindmarsh
 11.00 am Findon

Individual Reconciliation by appointment with Fr Lancy & Fr Santhosh
 (Ph. 08 8346 3901)



Third Sunday of Lent

"The Parable of the Woman at the Well"

The Samaritan Woman

Bucket
 Life
 Husband
 Prophet
 Father
 Spirit
 Truth
 Messiah
 Disciples
 Jesus
 Samaria
 Sychar
 Jacob
 Well
 Woman
 Water

"Everyone who drinks this water will be thirsty again; but whoever drinks the water I shall give will never thirst; the water I shall give will become in him a spring of water welling up to eternal life." John 4:5-15, 19b-26, 39a, 40-42



Make all the words fit into this crossword

www.biblekids.eu

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International Women's Day 8th March
 We acknowledge the gift of women this weekend in our parish.....
 "Today, 8 March, I would like to say a few words about the irreplaceable contribution of women in building a world that can be a home for all. Women make the world beautiful, they protect it and keep it alive. They bring the grace of renewal, the embrace of inclusion, and the courage to give of oneself. Peace then, is born of women, it arises and is rekindled by the tenderness of mothers. Thus the dream of peace becomes reality when we look towards women." Pope Francis



Catholic Archdiocese of Adelaide
Extraordinary Ministers of Holy Communion / Lectors
Nomination Forms for Parishes, Aged Care Facilities, Schools and Colleges

A meeting for **Extraordinary Ministers of Holy Communion** will be held on: **March 21st at 6:30pm – 8pm in SHP Church** & for Lectors on **March 28th at 6:30pm – 8pm in SHP Church**

Rosary Prayer Group
 Come along and pray the Rosary with us, each Friday morning after the 9:15 am Mass at Our Lady of the Manger Church. Weather permitting, we pray outside in the gardens, however during times of inclement weather, the Rosary is prayed inside the Church. All are welcome.

